



Can you run 2 blocks?

Do you have 3 co-workers?

**Can you all run 2 blocks
while carrying a tray of beer?**

O'Niantic Restaurant Beer Relay

A beer-carrying team running challenge just for local restaurant employees.
Just before the O'Niantic 5K

Saturday, March 17, 2012

Start Time: 9:00 a.m.

Relay Details

The Restaurant Relay is a tradition at O'Niantic 5K, the annual St. Patrick's running tradition that draws over 700 people!

The Relay consists of 4 loops of a short route in Niantic. Each team member will run one loop. Team members must carry a tray of beer which is passed along from start to finish. The fastest team with the most beer left in glasses wins!

- ◆ Teams may have 2-4 members
- ◆ Each member must run at least one complete leg. Any one member may run up to 3 legs, in any order.
- ◆ Relay runners will carry and handoff a tray of beer. Trays and beer will be distributed at the start.
- ◆ Relay runners must be 21 years of age to participate
- ◆ All 3 exchange points will be in front of Niantic Bay Bicycles, Methodist Street, Niantic

To Register

Complete one entry form per team. Each team member must sign waiver on form.

Return completed form to:

Mail → Hartford Marathon Foundation, 41 Sequin Drive, Glastonbury, CT 06033

Fax → (860) 652-8145, ATTN: O'Niantic Restaurant Relay

Email → ms.denay@sbcglobal.net

Restaurant Relay Awards

Relay awards will be presented at the Celebration Party at Smarty's Restaurant & Pub immediately following the O'Niantic 5K.

For More Information

Contact Denay Steele, *Relay Coordinator*, at ms.denay@sbcglobal.net or call (860) 235-5281.

The Restaurant Relay is part of the annual O'Niantic 5K & Wee Mile, the official healthy event at Niantic's annual St. Patrick's Day festivities. Run in this moving party through the Downtown streets of Niantic. For wee ones and short distance walkers, try the Wee Mile, a 1-mile course which starts right before the 5K.



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