

Litchfield Hills



Olympic Tri

RUN COURSE

Exit Transition (facing beach)

Left from Transition

Loop through Brody Park, as directed by cones/flags

Exit Park - Left onto Niles Road

(At Barkhamsted line Niles becomes W. West Hill Road)

Straight onto Bsullak Road

Fluid Station

Right onto E. West Hill Road

(At New Hartford line EWH becomes Turnbull Road)

Fluid Station

Right onto Berkshire Drive

Fluid Station

Left onto Arrowhead Drive

Right onto Troutwood Drive

Fluid Station

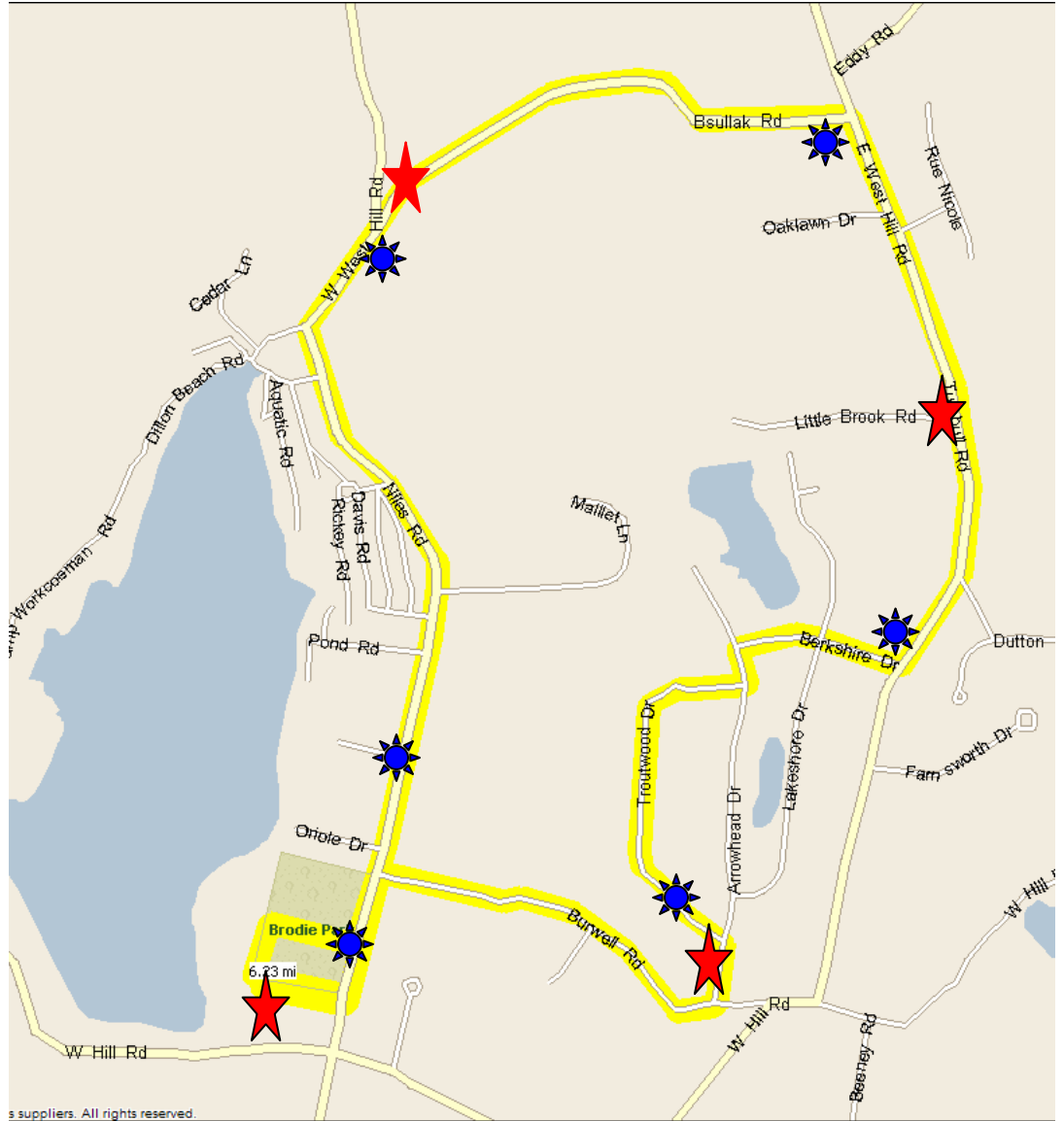
Right onto Arrowhead Drive

Right onto Burwell Road

Left onto Niles Road

Right into Brodie Park (Niles Road entrance)

Bear left to Finish



★ = Fluid Station

★ = Mile Mark