



Glastonbury River Run 5K Course Map

Start on High Street, east of Beechwood Lane

STEEP DOWNHILL TO START

Right onto Tryon Street

STAY TO RIGHT – DO NOT CROSS CENTER OF ROAD

Water at Dug Road

Turn Around at 1.55 miles (indicated by cones and police)

Return on Tryon Street

STAY TO RIGHT – DO NOT CROSS CENTER OF ROAD

Left onto High Street

BIG UPHILL TO FINISH

Finish on High Street

This is an out-and-back course on narrow country roads. Stay to right to give right-of-way to faster returning runners.

Good luck and have fun!



Live Well · Feel Good