The annual Hartford Women's Race "The Red Dress Run For Women" is a 5K event that truly celebrates women's fitness and health. The start and finish takes place in beautiful Elizabeth Park, where over 15,000 roses are in full bloom. Registration and the Finish Line Village are also located conveniently in Elizabeth Park. Free parking is located at the UConn lot on Troutbrook Drive. Shuttle buses bring you to and from Elizabeth Park. $5.00 of each registration benefits the local chapter of the American Heart Association's Go Red For Women campaign.

Start Time: 8:30 a.m.
Start in south corner of Rose Garden.
Left to a counter clockwise around the full west loop
Right to exit park onto Walbridge
Right onto Birch
Right onto Steele
Left onto Middlebrook
Right onto Auburn
Right onto Asylum
Right on Prospect
Into Elizabeth Park at first entrance
Through park to finish line at Rose Garden

PLEASE NOTE 2009: This map is the final course map. There have been last minute course changes due to road construction on Bainbridge.