



2011 ING Hartford Marathon TEAM RELAY INFORMATION

(Revised Aug. 18, 2011)

The Marathon Team Relay is run simultaneously with the ING Hartford Marathon on the same course. The Relay consists of the following 5 legs:

- Leg 1:** ~5.5 Miles “Rolling” – along west bank of Connecticut River through Riverfront Park in Hartford
- Leg 2:** ~5.6 Miles - 2 small “hills” – over the Founders Bridge and coming up from Great River Park in East Hartford
- Leg 3:** ~3.1 Miles - Flat – Main Street East Hartford to intersection with Chapel Rd. – South Windsor
- Leg 4:** ~6.3 Miles Perfectly Flat – begins & ends near intersection of Chapel Rd. & Main St. – S. Windsor
- Leg 5:** ~5.7 Miles 2 small “hills” – over the Founders Bridge and just over the bridge heading West towards the Old State House

Teams may have 2, 3, 4 or 5 members. Each member must run at least one complete leg.
Any one member may run up to 4 consecutive legs. There is no minimum age requirement for the Relay.

There are 4 Exchange Points:

- #1) Located near the foot of the Founders Bridge at Columbus Boulevard in Hartford
- #2) Located near Savvi’s Restaurant at the intersection of Prospect Street and Main Street in East Hartford.
- #3&4) .Located near the intersection of Chapel Road & Main Street in South Windsor.

Shuttle Bus Transportation is provided from Bushnell Park to/from Exchange Points in East Hartford and South Windsor. There is no Shuttle Bus service between any Exchange Points.

NO TRANSPORTATION is available to the Exchange Point #1 at the foot of the Founders Bridge. Leg 2 Runners will walk 4 blocks back to Bushnell Park from the Exchange Zone.

Water and Port-O-Lets will be provided near all Exchange points.

B-TAG Timing *** IMPORTANT ***

Each Relay Team will have one (1) B-TAG Bib which is to be worn ONLY by the TEAM MEMBER who will be CROSSING THE FINISH LINE (LEG 5). .

Team Relay Divisions: *Division is determined by age of youngest team member.*

Open – youngest member under 40

Masters – youngest member over 40

Men/Women/Mixed Categories in each Division

Bib Numbers – All members of a Relay Team will have the same Race Number.

Marathon Runners who are part of a Relay Team:

You may ONLY run Leg #1 (or consecutive Legs beginning with Leg 1).

Wear only Bib Number and D-Tag corresponding to your individual Marathon entry.

You do not need to wear your Relay Number Bib.

Your Team Member may not leave the Exchange Zone until you arrive.

You must cross the Finish Line with your individual Marathon Bib Number and D-Tag.

Half Marathon Runners

MAY NOT participate in the Marathon Relay, since the courses diverge prior to Exchange Point #1.

SHUTTLE BUS TRANSPORTATION TO EXCHANGE POINTS

Leg	Length	Bus	Exchange Point
Leg 1	5.5 M	NO TRANSPORTATION – Start at Marathon Start Line	Start Line – Bushnell Park (South Side)
Leg 2	5.6 M	<u>No Transportation to/from this Exchange Point</u> Walk to the Old State House, and continue 1 block East toward the Founders Bridge, left onto Prospect St.	Exchange Point #1 – (Mile 6.2) Under the Travelers building overhead walkway at 50 Prospect St. (just before Grove St.) – Hartford.
Leg 3	3.1 M	Shuttle Bus from Bushnell Park in Hartford to the corner of Main & Prospect Streets in East Hartford	Exchange Point #2 – (Mile 11.1) Prospect Avenue & Main Streets in East Hartford (Savvi's/ St. Mary's Church)
Leg 4	6.3 M	Shuttle Bus from Bushnell Park in Hartford to the corner of Rt. 5 & Chapel St. in South Windsor	Exchange Point #3 – (Mile 14.2) Chapel & Main St. – South Windsor (Northbound)
Leg 5	5.7 M		Exchange Point #4 – (Mile 20.5) Chapel & Main St. – South Windsor (Southbound)

Shuttle Buses - All shuttle buses will leave from Hudson Street, near Pulaski Circle, on the Southeast Corner of Bushnell Park at 7:45 AM (which is before the Start of the Marathon). Runners who miss their bus will be responsible for providing their own transportation to the Exchange Points in East Hartford and South Windsor.

Buses will be designated as:

East Hartford – Leg 3 Runners ONLY going to Exchange Point #2

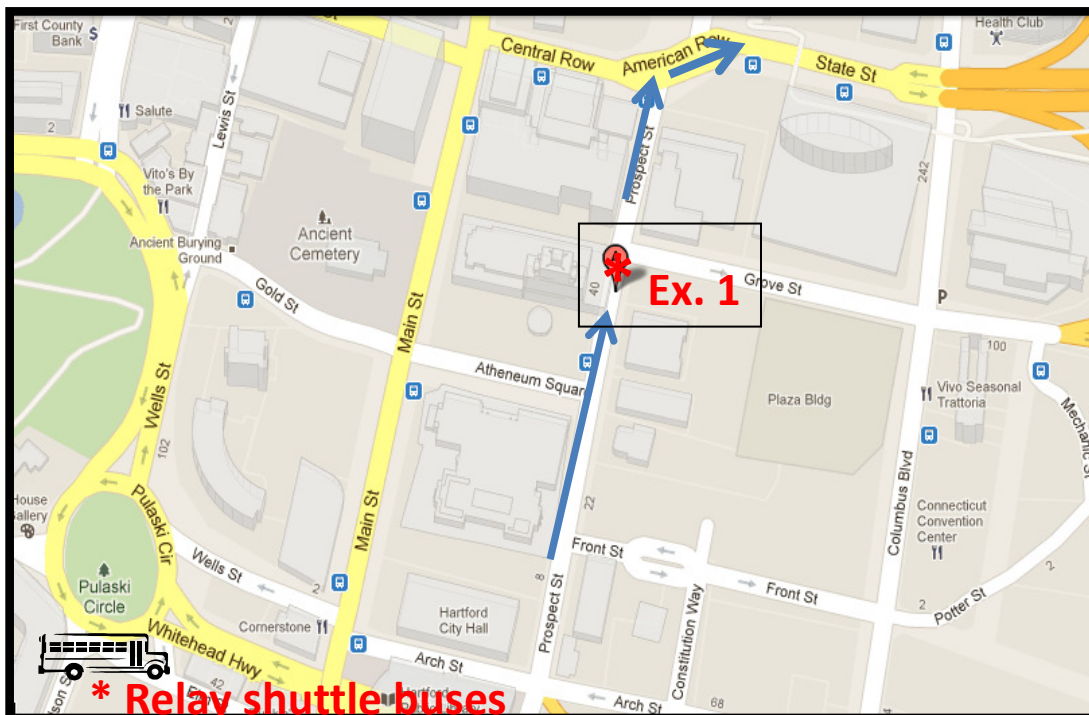
or

South Windsor – Leg 4 & 5 Runners going to Exchange Points #3 & #4.

Buses leave Exchange #2 in East Hartford to return to Bushnell Park: **9:45 AM & 10:15 AM**

Buses leave Exchanges #3-4 in South Windsor to return to Bushnell Park: **11:00 AM, 11:30 AM, 12:00 Noon**

There is no bus transportation between Exchange Zones, only to & from Bushnell Park.



DIRECTIONS FOR RELAY RUNNERS

DRIVING TO EXCHANGE POINT #2 IN EAST HARTFORD

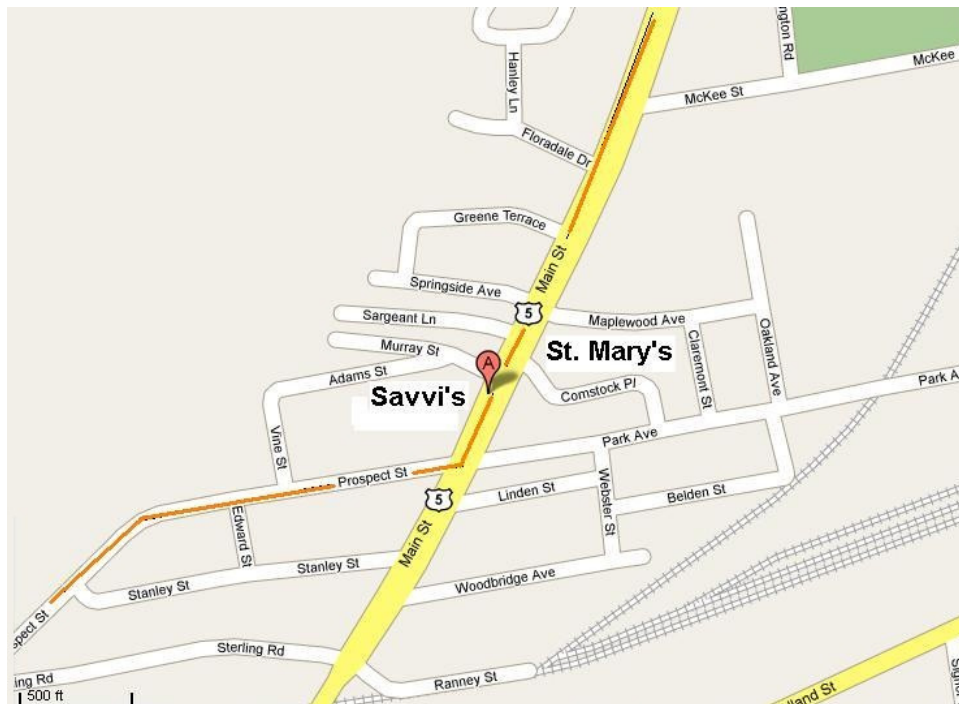
From Hartford:

- Take I-91 North.
- Take Exit 35A (follow signs for I-291 East/Manchester)
- Just after crossing the Bissell Bridge, take Exit 4 (Rt. 5)
- Right at the Traffic Light onto Rt. 5 North – John Fitch Blvd.
- Turn Left onto Maplewood Avenue,
and park in the lot on the left side of the street
across from St. Mary's Church.

NOTE: Rt. 5 (Ellington Road) becomes the marathon course just after the intersection with King St. There will be 2-way traffic on the East Side of Main Street after this point, which may make the Left turn onto Maplewood Avenue difficult.

There will be no parking at Savvi's Restaurant, and no cars may cross the race course to park on the West Side of Main Street.

Please wait for the Crossing Guard to assist you in crossing Main Street at the crosswalk in front of St. Mary's Church.



Exchange Point #2 (Mile 11.1) - Northbound

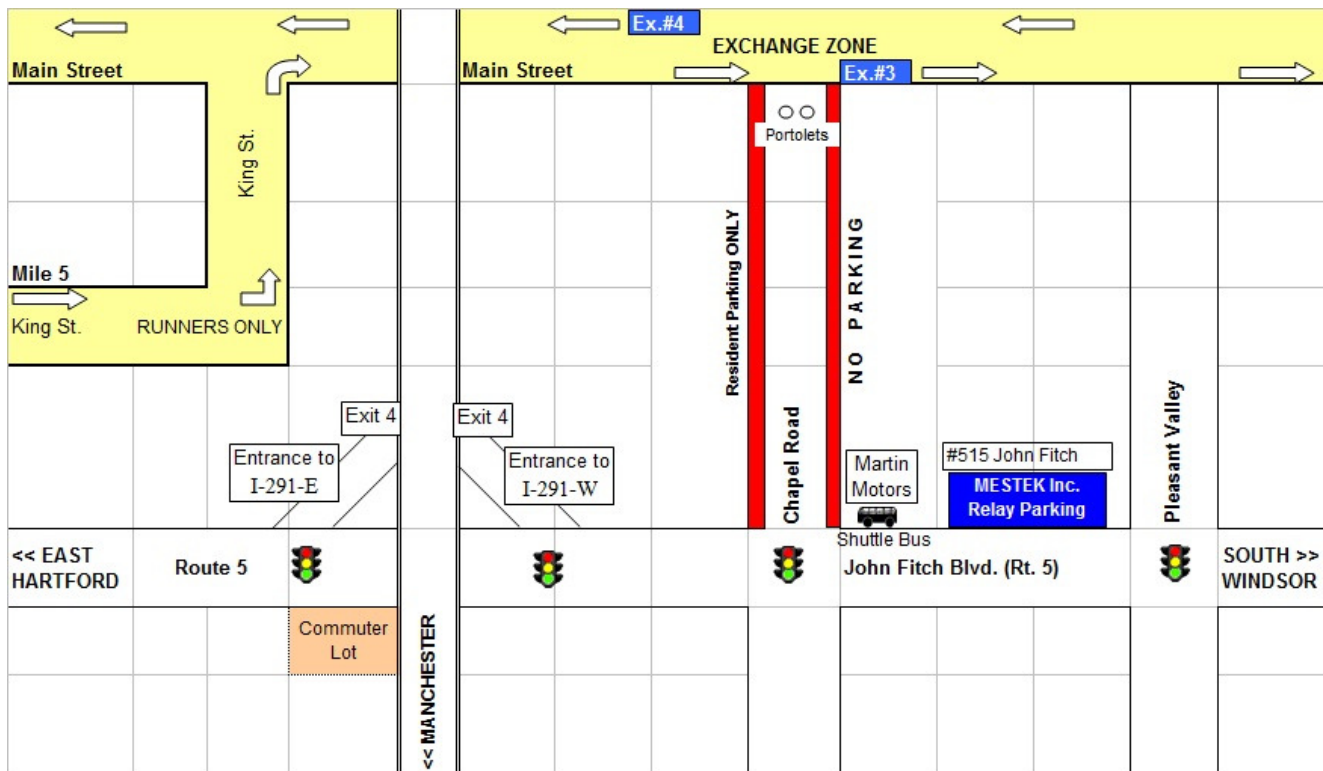
DIRECTIONS FOR RELAY RUNNERS DRIVING TO THE EXCHANGE POINTS 3 & 4 IN SOUTH WINDSOR

From Hartford:

- Take I-91 North.
- Take Exit 35A (follow signs for I-291 East/Manchester)
- Just after crossing the Bissell Bridge, take Exit 4 (Rt. 5)
- Left at the Traffic Light onto Rt. 5 North – John Fitch Blvd.
- Follow John Fitch Boulevard through 2 Traffic Lights.
- Then take a Left at the 2nd Median cut, across the Southbound Lane of Route 5 into the MESTEK Parking Lot (#515 John Fitch Blvd.).

There is NO RELAY RUNNER PARKING on Chapel Road or in the MARTIN MOTORS Lot.

Port-a-Potties will be available near the Exchange Zones.



**Exchange Point #3 (Mile 14.2) - Northbound
Exchange Point #4 (Mile 20.5) - Southbound**