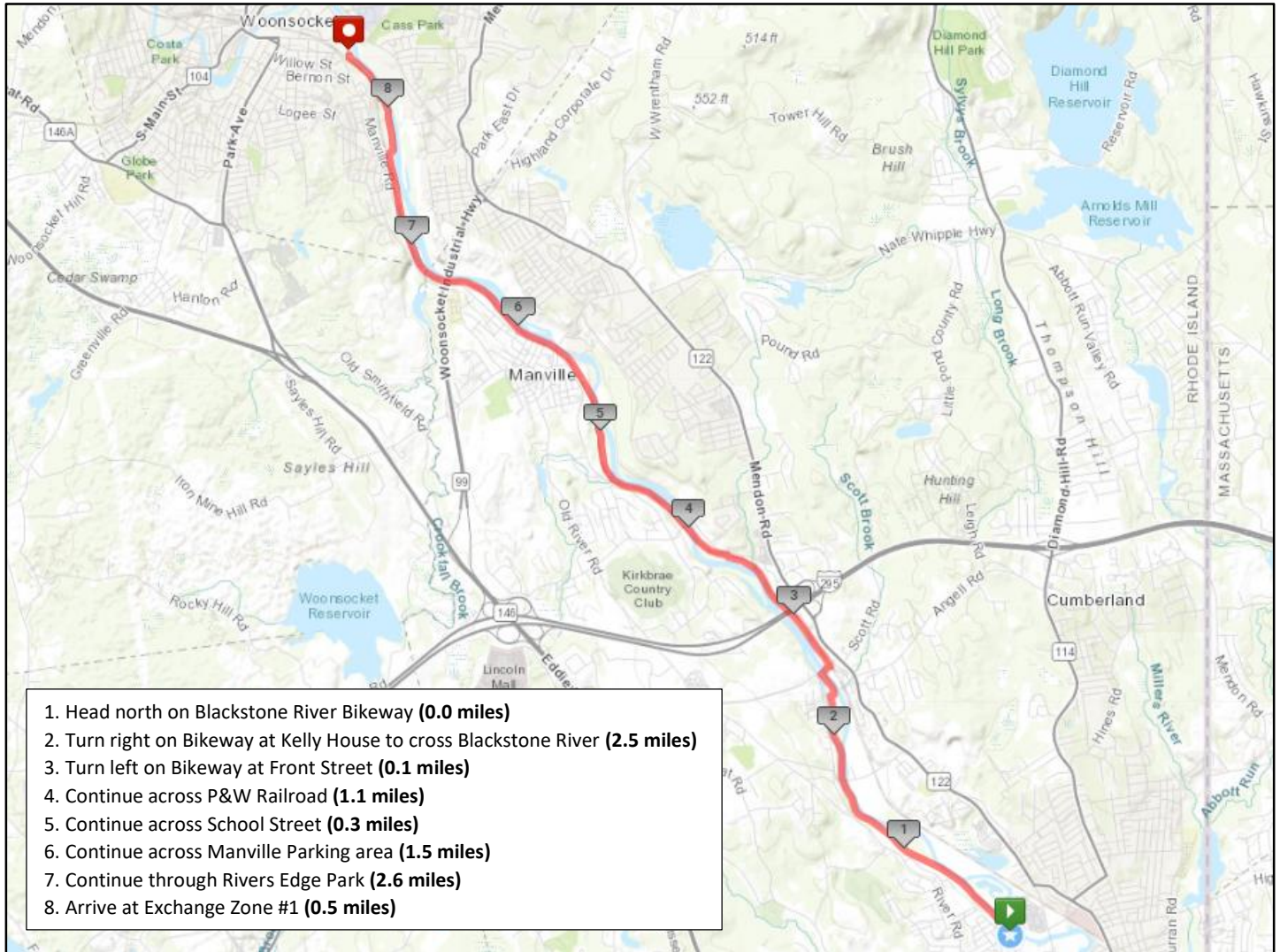


Running Details

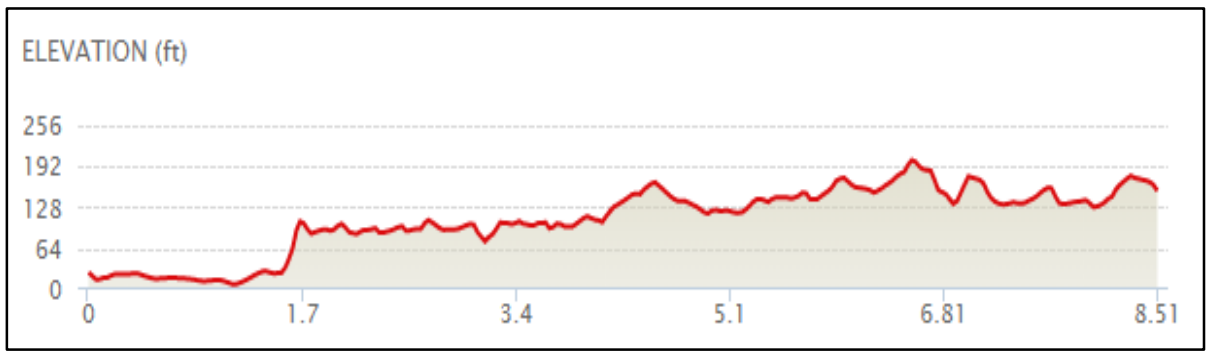
Start: Pratt Dam/Blackstone State Park, 65 Front St, Lincoln, RI

Finish: Rivers Edge Parking Area/Veteran's Memorial, Woonsocket, RI

DISTANCE	START ELEVATION	MAX ELEVATION	ELEVATION GAIN	DIFFICULTY	TERRAIN
8.5 MILES	27 FEET	203 FEET	346 FT	HARD	PAVED TRAIL



1. Head north on Blackstone River Bikeway (0.0 miles)
2. Turn right on Bikeway at Kelly House to cross Blackstone River (2.5 miles)
3. Turn left on Bikeway at Front Street (0.1 miles)
4. Continue across P&W Railroad (1.1 miles)
5. Continue across School Street (0.3 miles)
6. Continue across Manville Parking area (1.5 miles)
7. Continue through Rivers Edge Park (2.6 miles)
8. Arrive at Exchange Zone #1 (0.5 miles)



Safety Notes:

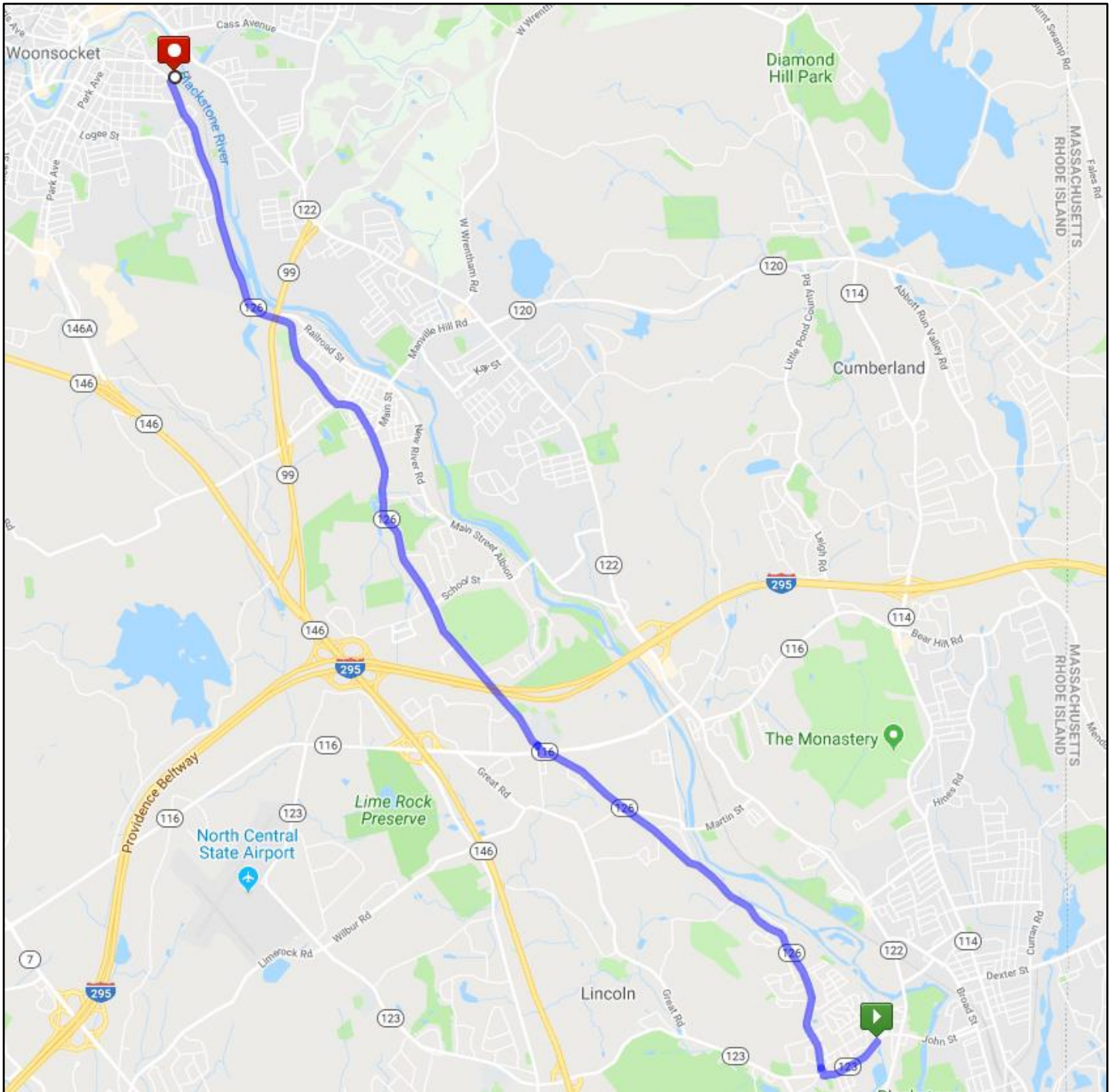
- Stay on sidewalk / bikeway / trail where applicable
- Use caution crossing streets
- Follow directional signs

Driving Details

Driving Directions To Exchange #1 Parking: Rivers Edge Parking Area, 195 Davidson Avenue, Woonsocket, RI 02895

Driving Distance: 9.1 miles

Estimated Drive Time: 18 minutes



1. Head Southwest (right) onto RI-123 W (Front St.)
2. Turn Right on to RI-126 N (River Rd.)
3. Turn Right to stay on RI 126 N (Old River Rd.)
4. Turn Right onto Davidson Ave.
5. Destination will be on your right