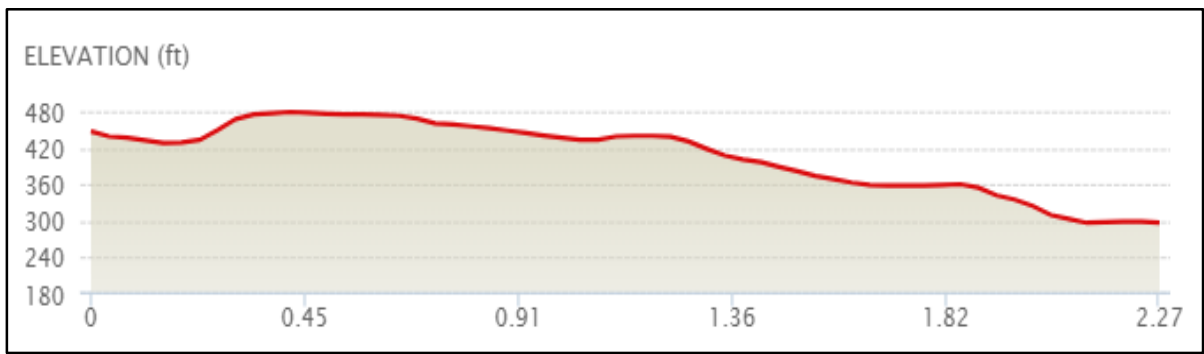


Running Details

Start: Chewink Road @ Lynch Road, Chaplin, CT

Finish: North Windham Road @ Beaver Hill Road, North Windham, CT

DISTANCE	START ELEVATION	MAX ELEVATION	ELEVATION GAIN	DIFFICULTY	TERRAIN
2.2 MILES	447 FEET	479 FEET	49 FT	EASY	CINDER TRAIL



Safety Notes:

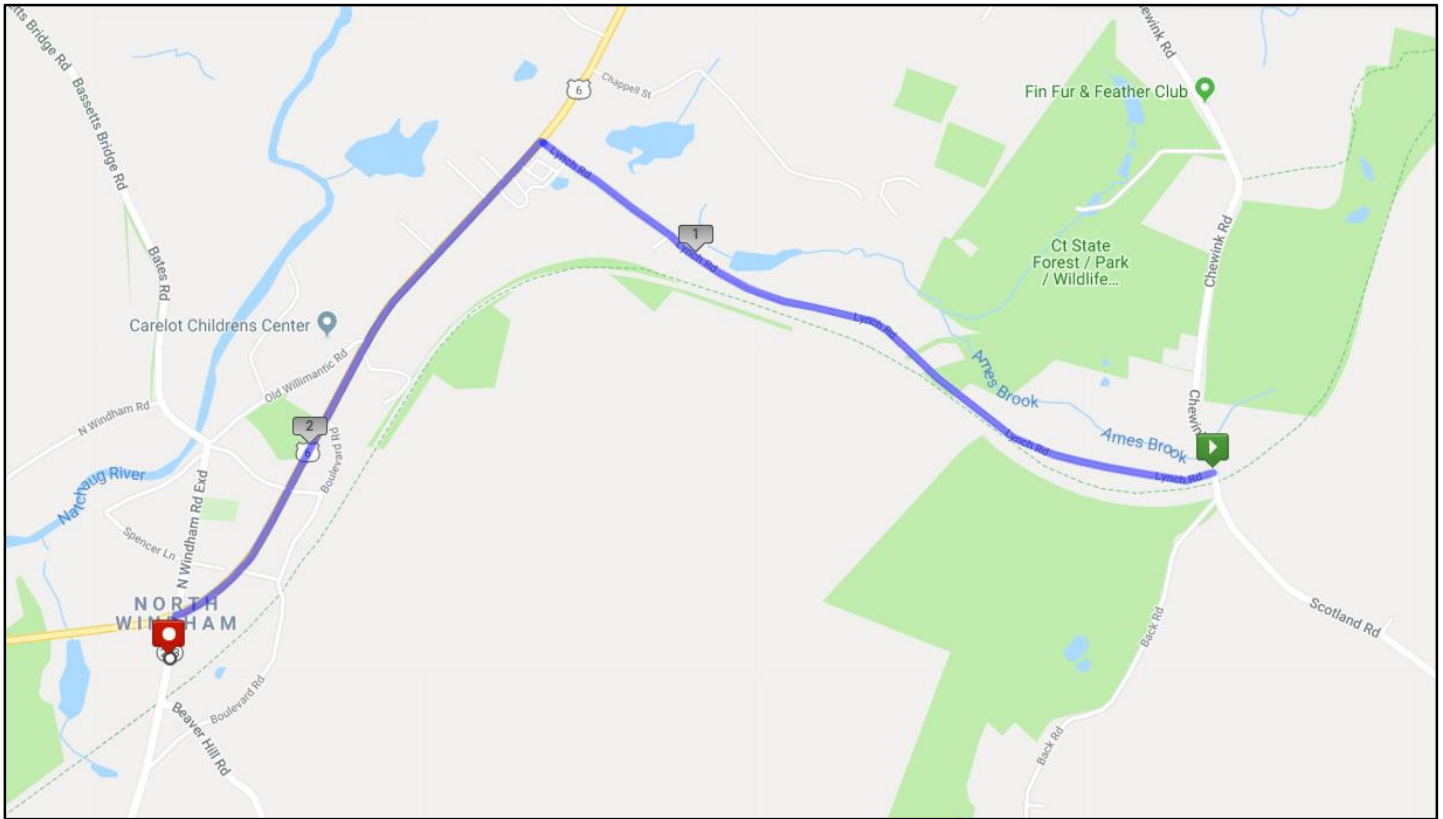
- Stay on sidewalk / bikeway / trail where applicable
- Use caution crossing streets
- Follow directional signs

Driving Details

Driving Directions to Exchange Zone #11 Parking: Berkshire Bank, 579 North Windham Road, North Windham, CT 06256

Driving Distance: 2.5 miles

Estimated Drive Time: 4 minutes



1. Head west on Lynch Road
2. Turn left on Route 6 (Willimantic Road)
3. Turn left on North Windham Road (CT-203)
4. Destination and parking will be on your right

Parking Note: Exchange zone will be a 1/8 of mile walk further down North Windham Road, please proceed on foot (DO NOT DRIVE)

Driving Note: This is a **SHORT** relay leg. To ensure teams arrive prior to their runner, they should be prepared to leave for the next exchange as soon as their runner begins.