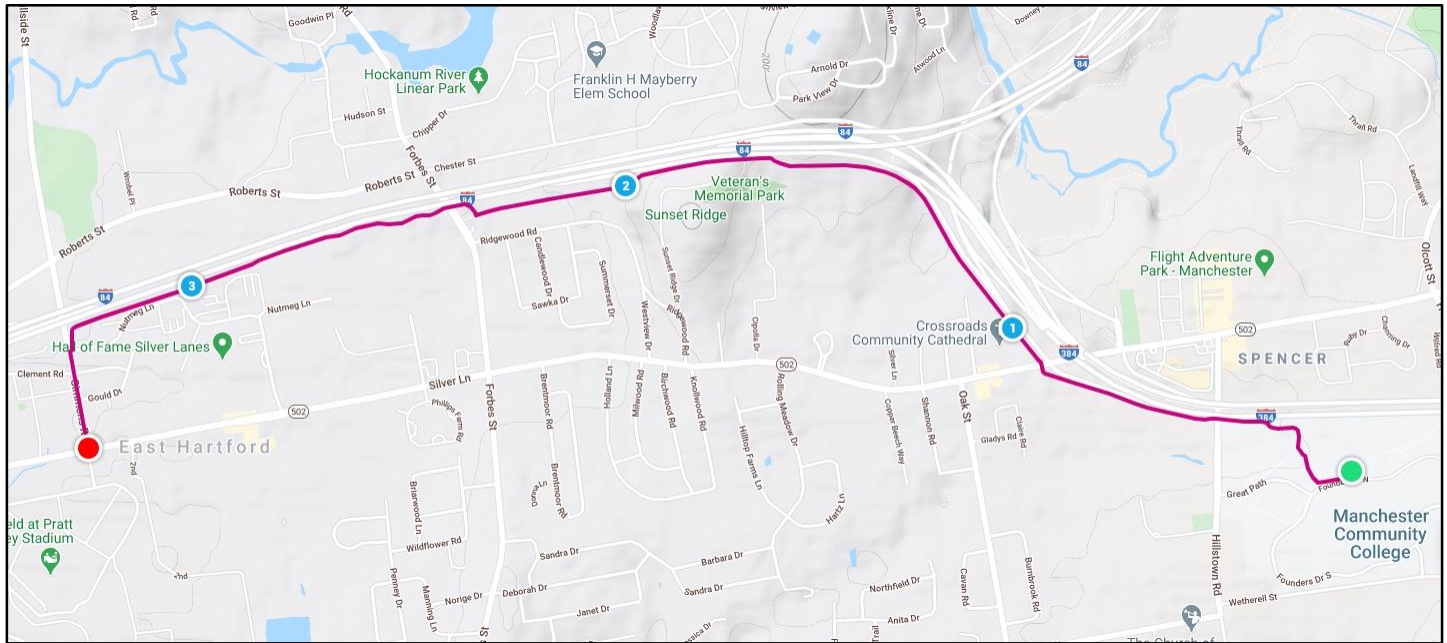


**Running Details**

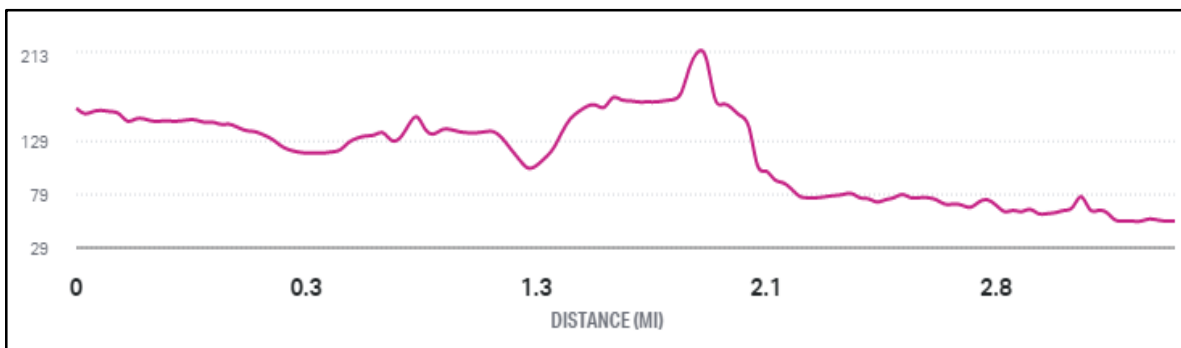
**Start:** Manchester Community College, 60 Bidwell St. Manchester, CT

**Finish:** Rentschler Field, 615 Silver Lane, East Hartford, CT

DISTANCE	START ELEVATION	MAX ELEVATION	ELEVATION GAIN	DIFFICULTY	TERRAIN
<b>3.5 MILES</b>	<b>160 FT</b>	<b>213 FT</b>	<b>115 FT</b>	<b>MODERATE</b>	<b>PAVED TRAIL/ROAD</b>



1. Head west on Charter Oak Greenway Trail **(0.0 miles)**
2. Bear right to stay on trail **(0.1 miles)**
3. Turn right on trail towards Spencer Street **(0.1 miles)**
4. Continue across Spencer Street **(0.6 miles)**
5. Continue on trail - DO NOT TAKE TUNNEL TRAIL SPUR **(0.6 miles)**
6. Continue on trail - DO NOT TAKE VETERANS PARK TRAIL **(0.3 miles)**
7. Continue west on trail under Forbes Street **(0.6 miles)**
8. Exit trail and turn left on Simmons Road **(1.0 miles)**
9. Arrive at Exchange Zone 17 **(0.3 miles)**



**Safety Notes:**

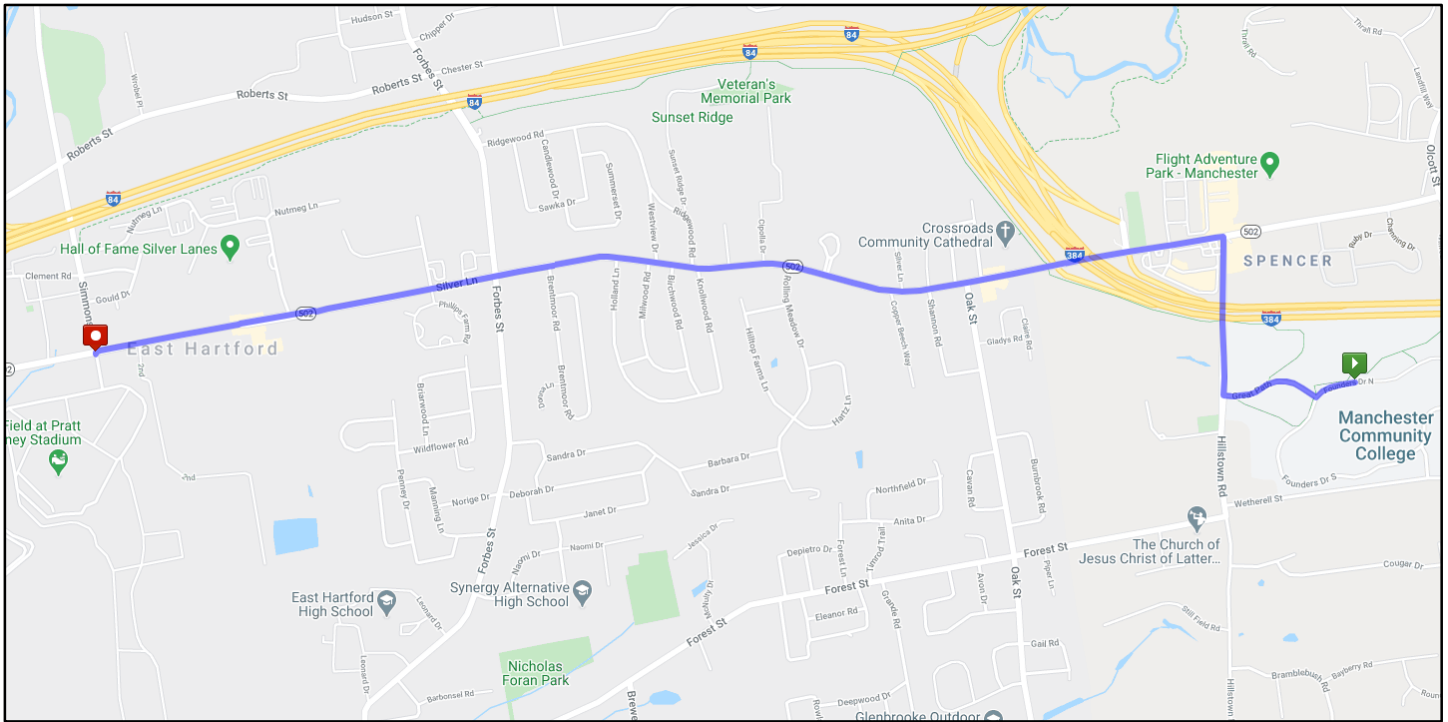
- Stay on sidewalk / bikeway / trail where applicable
- Use caution crossing streets
- Follow directional signs

### Driving Details

**Driving Directions to Exchange Zone #17 Parking:** Rentschler Field at Pratt & Whitney Stadium, 615 Silver Lane, East Hartford, CT

**Driving Distance:** 3.2 Miles

**Estimated Drive Time:** 7 Minutes



1. Head west on Founders Drive North (towards Great Path)
2. Turn right on Great Path
3. Turn right on Hillstown Road
4. Turn left on Spencer Street (Hwy. 502)
5. Continue straight to stay on Silver Lane
6. Destination and parking lot will be on your left