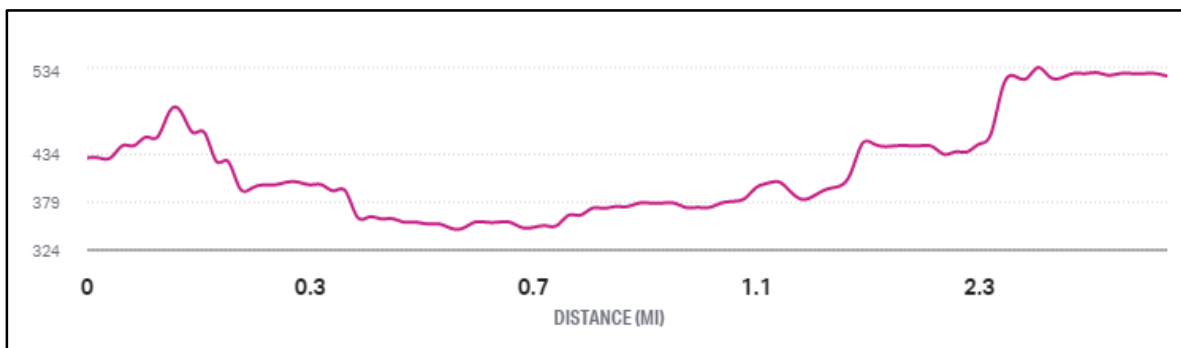
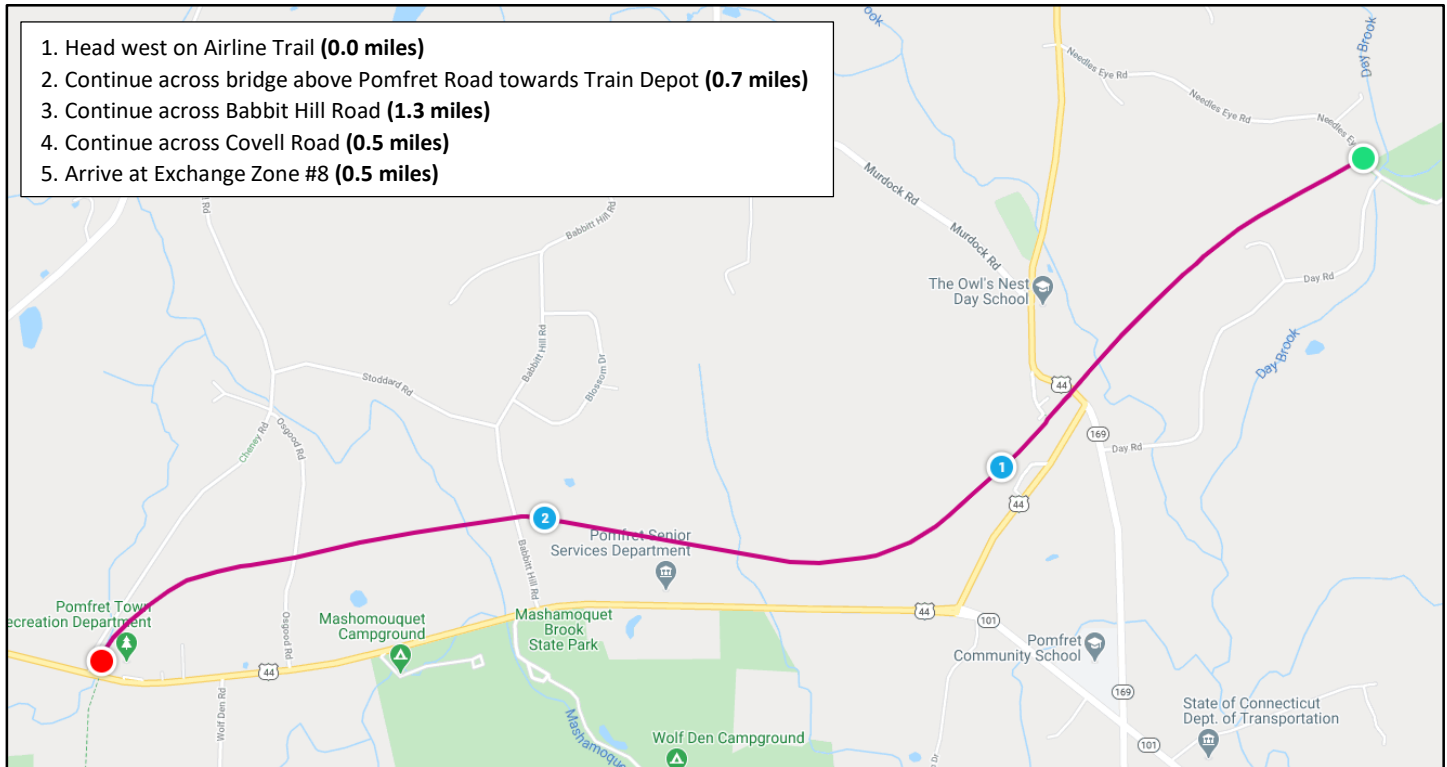


Running Details

Start: CT Audubon Society @ Air Line State Park Trail, Pomfret, CT **Finish:** Pomfret Town Hall, 5 Haven Rd, Pomfret Center, CT

DISTANCE	START ELEVATION	MAX ELEVATION	GAIN	DIFFICULTY	TERRAIN
2.9 MILES	430 FEET	534 FEET	204 FT	EASY	CINDER TRAIL

1. Head west on Airline Trail **(0.0 miles)**
2. Continue across bridge above Pomfret Road towards Train Depot **(0.7 miles)**
3. Continue across Babbit Hill Road **(1.3 miles)**
4. Continue across Covell Road **(0.5 miles)**
5. Arrive at Exchange Zone #8 **(0.5 miles)**



Safety Notes:

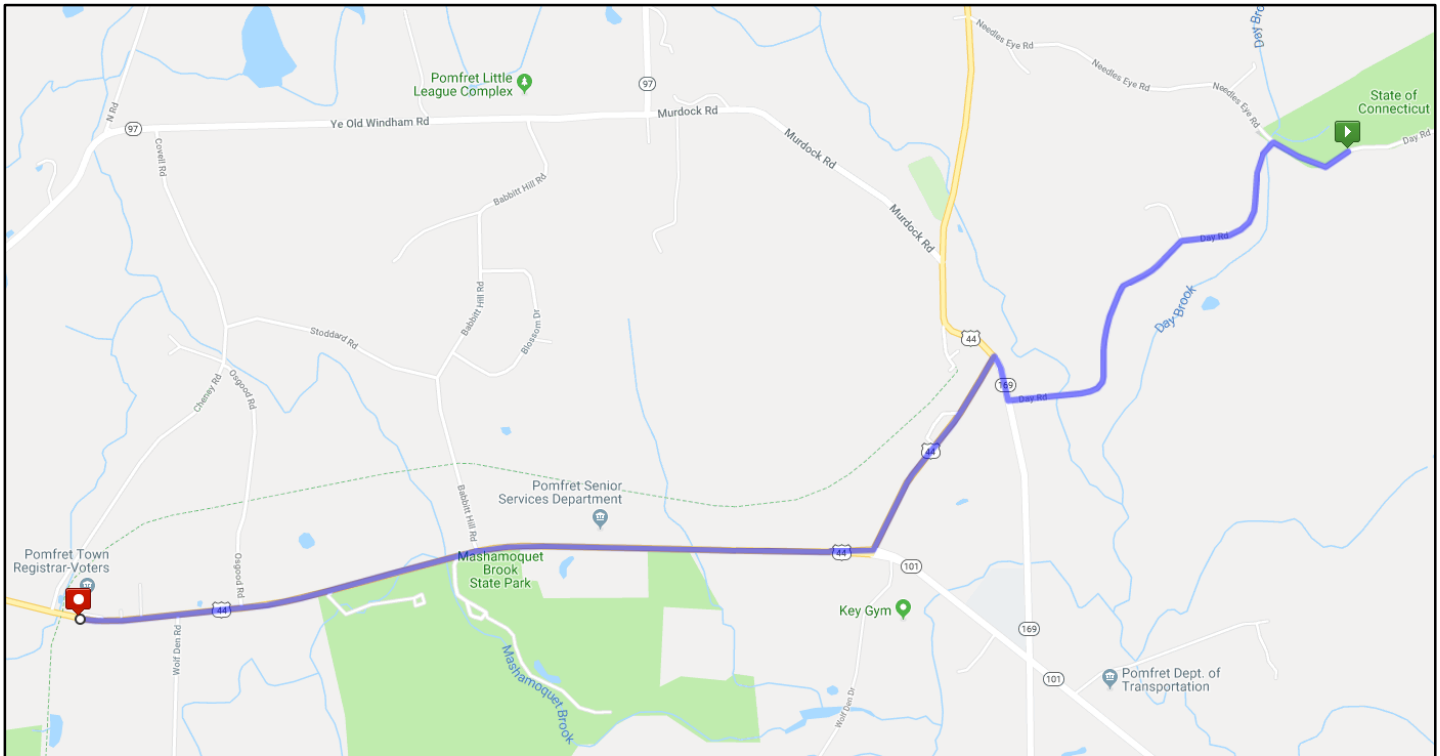
- Stay on sidewalk / bikeway / trail where applicable
- Use caution crossing streets
- Follow directional signs

Driving Details

Driving Directions to Exchange Zone #8: Pomfret Town Offices, 5 Haven Rd, Pomfret Center, CT 06259

Driving Distance: 3.4 miles

Estimated Drive Time: 6 minutes



1. Turn left (head southwest) on Day Road
2. Turn left to stay on Day Road
3. Turn right on CT 169 N (Pomfret Street)
4. Turn left on CT US-44 W (Averill Road)
5. Turn right on to stay on CT US-44 W (Haven Road)
6. Destination will be on your right