



EVERSOURCE
HARTFORD
MARATHON
AND HALF MARATHON

COVID-19 Mitigation Plan

HartfordMarathon.com /// 860.652.8866



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Event Summary

The Eversource Hartford Marathon and Half Marathon will take place Saturday, October 9, 2021 and consist of a marathon, half marathon, half marathon team relay and 5K road race. All races will start and finish in the city of Hartford. The marathon, half marathon and relay will have a shared starting line and run the same race route through Hartford and East Hartford prior to splitting at approximately mile 11.6. The half marathon will return to Hartford and the marathon will continue to South Windsor before returning to the finish in Hartford. The 5K will have its own starting line and will run entirely in Hartford.

2021 will be the 28th running of the event, which typically draws more than 10,000 participants and 60,000 spectators. Throughout its history, more than 8 million dollars has been raised for community charities through the marathon.



**SATURDAY, OCTOBER 9, 2021
HARTFORD, CONNECTICUT**

OPERATIONALLY,
THE EVENT CAN BE
BROKEN DOWN INTO
FIVE MAIN AREAS:

01

*Pre Event / Expo &
Registration Services*

This is the kick off of the event prior to race day, where registered participants pick up their race bib number, race shirt and final instructions.

02

Start Area

This is the beginning of the race event, where all participants must start their race.

03

Race Course

Covers 26.2+ miles of roadway between the start and finish lines. Includes aid stations, spectators and portable toilets along the route.

04

Finish Area

This marks the end of the race, where participant end their run and receive fluids, mylar blankets, finisher medal, nutrition and medical care if needed.

05

Post Event Area

This is where participants reconnect with spectators or other participants, receive recovery services and celebrate their accomplishment.

Planning Summary

The goal of the plan is to mitigate the spread of Covid-19 and minimize public health risks. This plan serves as an addendum to established event Safety & Security plans. HMF worked closely with public health and medical experts of the Health Advisory Committee, an internationally accredited crowd scientist and municipal departments to develop the plan. Major modifications will be in place for the 2021 event.

Summary:

- Reduced participation capacity for all event distances
- Change from 26.2 mile team relay to 13.1 mile team relay
- Modified schedules
- Modified race courses
- Modified start area & start procedures
- Modified finish area
- Modified Post Event Area - reduction of nonessential services
- Enhanced communication

HMF Health Advisory Committee:

KYLE ABERCROMBIE, *Director of Government Affairs for CT Dept. of Economic & Community Development*

PAUL ANTHONY, M.D. *Medical Director, Occupational Health, and Assistant Director, Infectious Disease at Hartford Hospital*

THOMAS BUCKLEY, MPH, RPh, *Associate Clinical Professor of Pharmacy Practice at University of Connecticut*

LAURENCE BURNS, *Director of Health & Social Services for the Town of East Hartford*

STANLEY CHARTOFF, M.D., *Attending Physician, Emergency Medicine at Hartford Hospital and Medical Director of the Eversource Hartford Marathon*

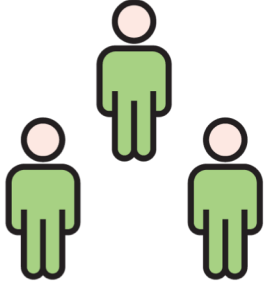
HEATHER OATIS, REHS, HHS, *Environmental Health Officer for the Town of South Windsor*

THOMAS ST. LOUIS, MSPH, *Epidemiologist 4 with Connecticut Department of Public Health*

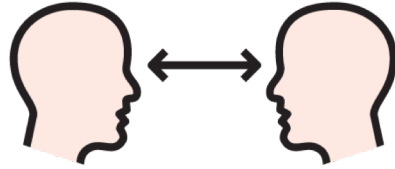
Crowd Scientist

Start-Right simulates start, on-course and finish scenarios using scientifically developed algorithms to determine race course patterns. Since its inception in 2016, Start-Right has worked with the leading world marathons.

Strategies



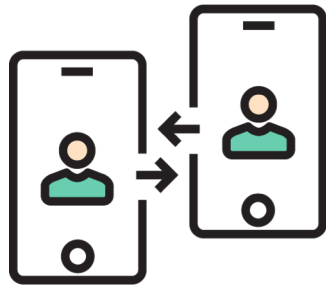
Reduce Density In All Areas Across The Event



Limit Person-to-Person Contact



Enhance Sanitation



Increase Communication



OVERALL SAFETY PROTOCOLS:



Allow for social distancing at all times and decreased density throughout all areas of the event



Reduced touch points to minimize physical interaction



Increased hand sanitation available throughout all areas of the event



Increased educational signage to reinforce safety protocols



Face covering of nose and mouth required at all times except when actively participating in running the race itself

Communication / Education

Our Commitment to Your Safety

As a pillar of positive community engagement for more than 27 years, the Eversource Hartford Marathon has always prioritized the safety of our participants, volunteers and spectators. Bringing tens of thousands of people together to celebrate accomplishments and inspire each other is an honor, and we have an obligation to ensure every effort is made to foster a safe environment.

This COVID-19 Mitigation Plan has been carefully prepared under the guidance of leading Connecticut public health and medical experts and will continue to be updated as necessary. Extensive safety measures and protocols detailed within the Plan will be implemented at the October 2021 Eversource Hartford Marathon based on current situations and expectations at that time. We will continue closely monitoring impacts of the coronavirus on outdoor public events and share pertinent updates with you on www.hartfordmarathon.com.

Please be assured, guidance from the CDC and federal/local public health authorities are addressed to ensure we are taking necessary actions to protect you while running, volunteering or spectating on race day, October 9, 2021.

We clearly outline the role participants play in complying with these current safety protocols – which pretty simply emphasizes wearing face masks in large groups when not running and staying socially distant from others when gathered. We'll remind you again (and again) of your responsibilities as we get closer to race day. We strongly encourage you to get a COVID-19 vaccine, a key factor to continued progress in the fight against the pandemic that can get us back to what we love – running together.

Be safe and stay healthy, and thank you for supporting the Eversource Hartford Marathon.

Best,
Beth Shluger - *CEO/President* and
Josh Miller - *Vice President and Race Director*





01

Pre Event / Expo / Registration Services / Packet Pick Up / Kids Run

All participants, who didn't elect the Mail My Packet option, must pick up their race packet at the Expo (schedule below). Last minute in-person registration is also available at the Expo. Online registration closes on **October 7, 2021** at 11:00 AM.

There is **NO packet pickup or registration on Race Day**.

Any event participant not following social distancing and/or ignoring race officials' directions will be asked to leave the event.

Expo:

Expo Location: XL Center, 1 Civic Center Plaza, Hartford, CT 06103

- Saturday, October 2: 9:00 AM - 2:00 PM
- Thursday, October 7: 4:00 PM - 7:00 PM
- Friday, October 8: 4:00 PM - 8:00 PM

In addition to registration services, the Marathon Kids K will be held on Saturday, October 2 in downtown Hartford. *Details coming.*

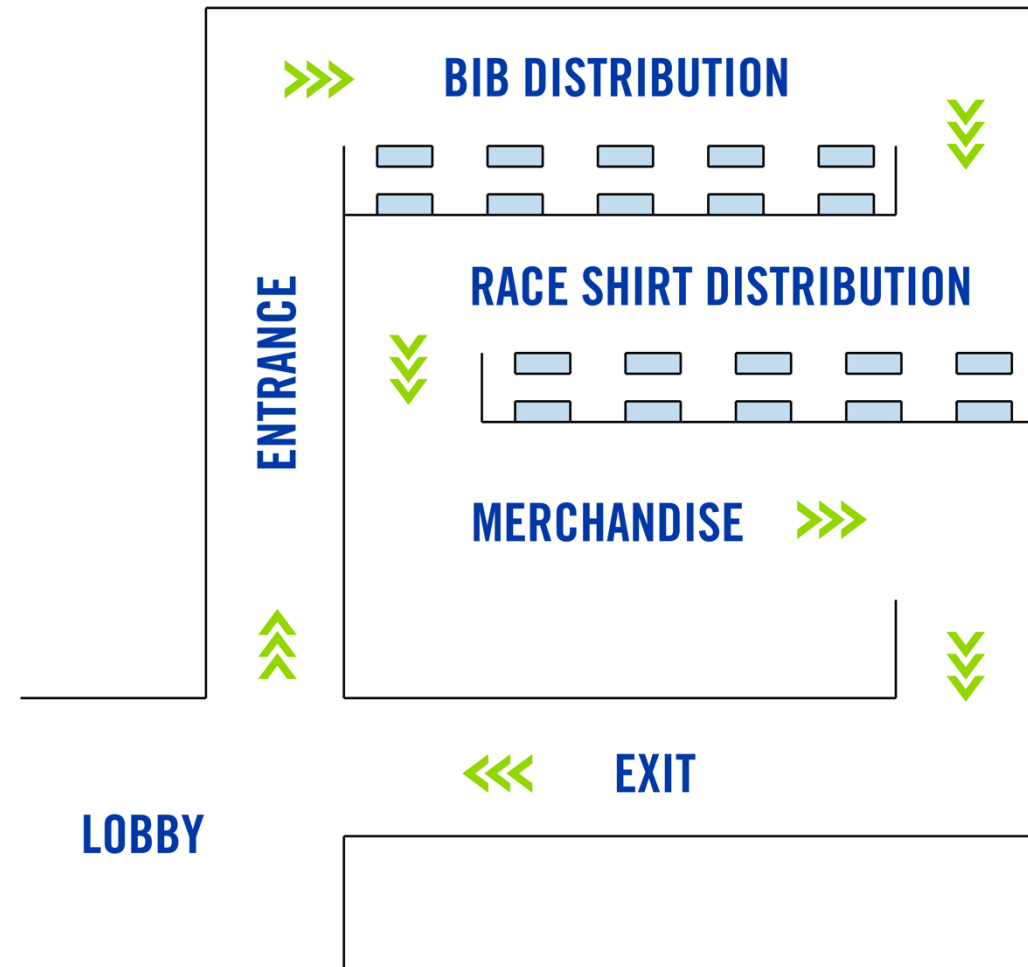
01

Pre Event / Expo / Registration Services / Packet Pick Up / Kids Run



Design

- Expanded expo days of operation
- Minimization of nonessential services
- Decrease in density based on layout and modifications
- Face coverings required at all times by all staff, volunteers and participants
- Increased sanitation stations throughout venue
- Educational Covid-19 signage throughout venue
- Management of one way traffic flow





02

Start Area

Modification to start procedures is the pivotal control point of social distancing throughout the entire race course, finish line area and post event service locations.

- Face coverings required when not actively running in the race. Face coverings must be worn at all times in the starting corral and may be lowered upon crossing the starting line.
- Elimination of “mass start” and implementation of Start Corrals & Start Waves
 - Start Corral assignments will be seeded with similar paced participants in each corral
- Start Waves will begin from fastest seed to slowest seed
 - Start Corrals are designed to accommodate participants with a 200% SF increase allowance per person
 - Typical year start corrals are designed for 10 SF per person
 - Start Waves step off every several minutes to support social distancing along the entire race course
 - Start Wave assignments will be visible on bibs
 - Time required for all participants to cross the starting line increases by 23 minutes (228% increase)

02

Start Area



- Corral A will be located on the race starting line. Corral B will be located behind that, Corral C will be located behind that, with additional corrals following in sequence and the same total capacity per corral. As each corral starts, the following corrals will move up one starting location until it is their turn to start the race. Each corral will start in a predetermined amount of time between corrals to allow for increased participant spacing
- Pace group leaders will be located within corrals to assist with proper spacing of participants
- Portable Toilets will be spaced out to provide adequate space between units and queue
- Gear Check will be altered to allow for social distancing while queuing
- Spectators are discouraged to congregate at the starting area

Start Wave Assignment Visible on Bib



02

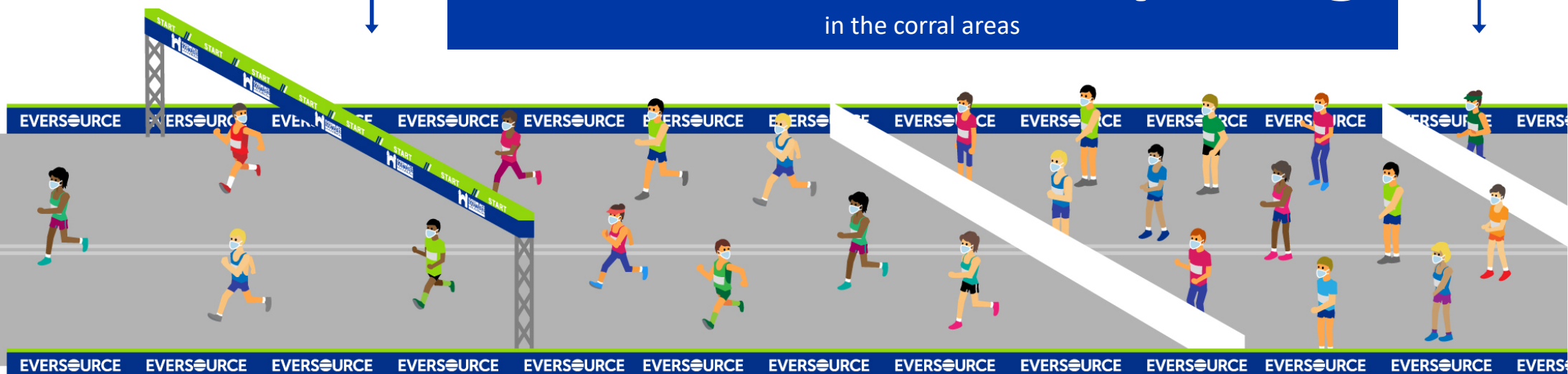
Start Area



Start Corrals

200% increase in spacing

in the corral areas



Face coverings **may be lowered**
upon crossing the starting line



Face coverings **MUST be worn** at
all times in the starting corral



Race Course

Police control, course monitors, medical coverage, barricades, cones, and directional signage will remain in place along respective race routes to ensure safe passage.

- Combined marathon and half marathon courses due to overall reduced field size. Race routes will be shared until a split at approximately mile 11.6. The half marathon returns to Hartford and the marathon heads into South Windsor before turning back to finish in Hartford.
- 5K will run its own course with a separate starting line.
- On-course density is never below 7 feet per person of separation (in 360 degrees) at all points
- The race course ranges from 60 ft wide at its widest (starting line), to 8 ft (River Path at mile 8.5) and finishes at 40 ft wide on Trinity Street (finish line).

03

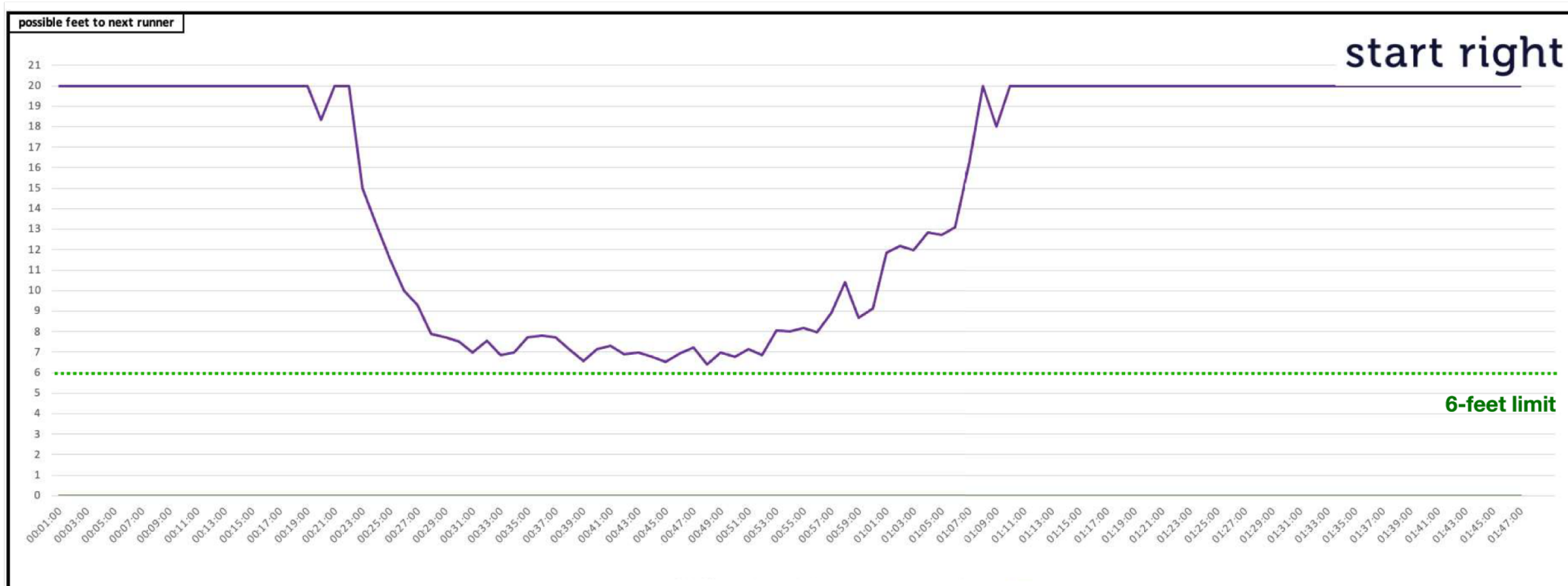
03

Race Course

Half Marathon: 4,000 runners
Marathon: 2,000 runners



social distance at pinch point (12.5 feet)



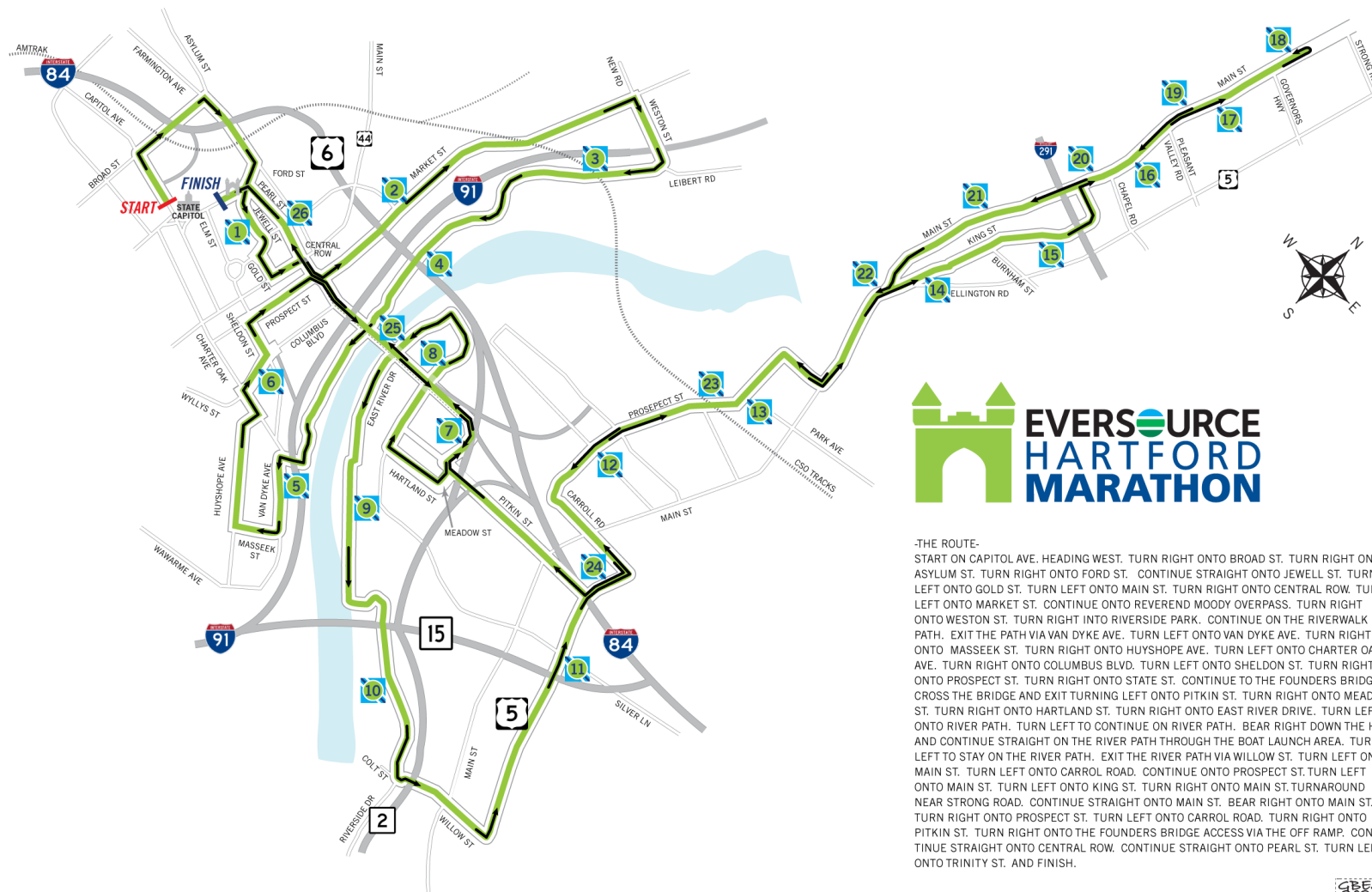
Waves of 1,000 / 5 mins apart

Start-Right simulates start, on-course and finish scenarios using scientifically developed algorithms to determine race course patterns. Since its inception in 2016, Start-Right has worked with the leading world marathons.

03

Race Course

Marathon: 2,000 runners



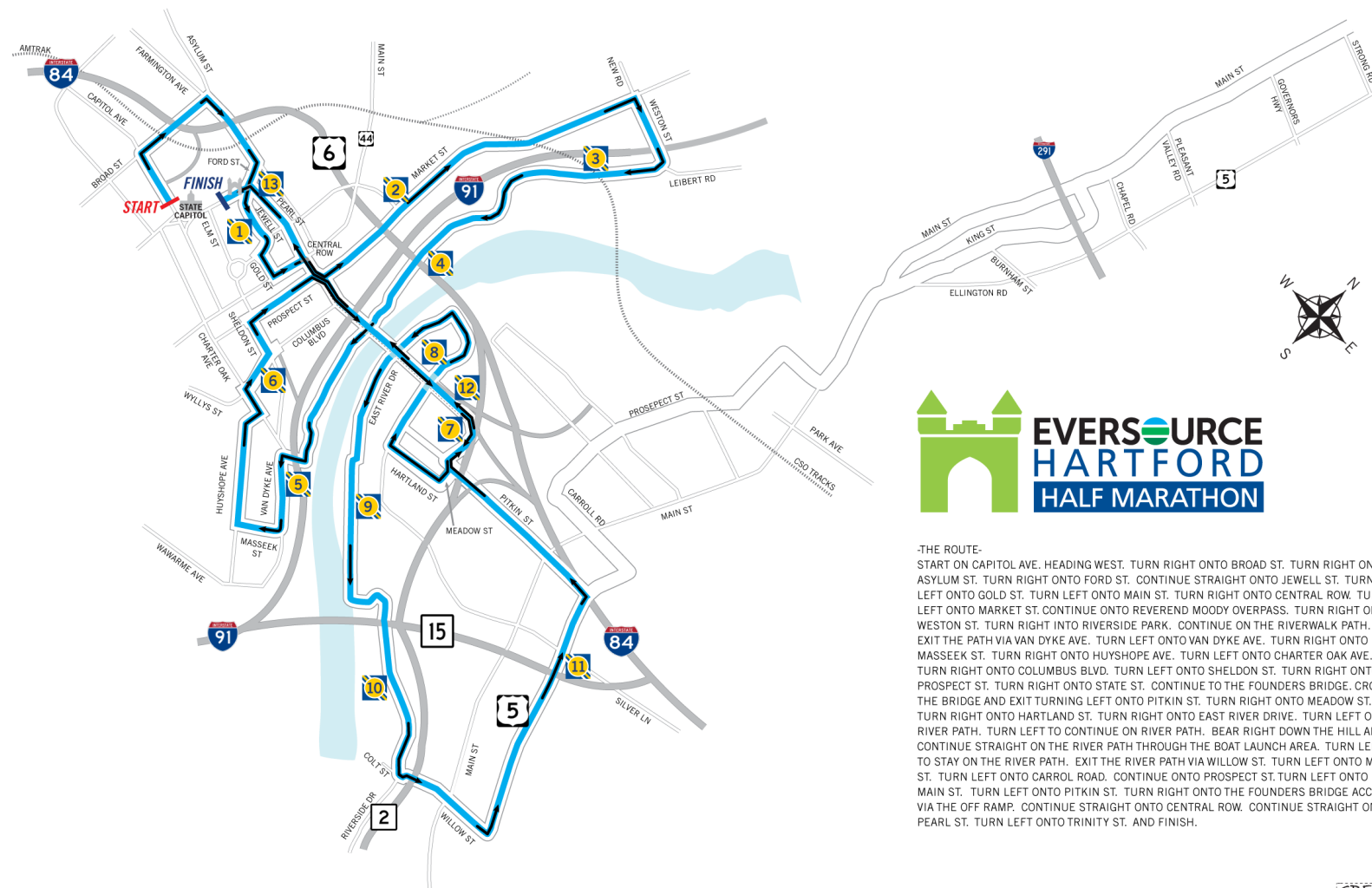
THE ROUTE-
 START ON CAPITOL AVE. HEADING WEST. TURN RIGHT ONTO BROAD ST. TURN RIGHT ONTO ASYLUM ST. TURN RIGHT ONTO FORD ST. CONTINUE STRAIGHT ONTO JEWELL ST. TURN LEFT ONTO GOLD ST. TURN LEFT ONTO MAIN ST. TURN RIGHT ONTO CENTRAL ROW. TURN LEFT ONTO MARKET ST. CONTINUE ONTO REVEREND MOODY OVERPASS. TURN RIGHT ONTO WESTON ST. TURN RIGHT INTO RIVERSIDE PARK. CONTINUE ON THE RIVERWALK PATH. EXIT THE PATH VIA VAN DYKE AVE. TURN LEFT ONTO VAN DYKE AVE. TURN RIGHT ONTO MASSEK ST. TURN RIGHT ONTO HUYSHOPE AVE. TURN LEFT ONTO CHARTER OAK AVE. TURN RIGHT ONTO COLUMBUS BLVD. TURN LEFT ONTO SHELTON ST. TURN RIGHT ONTO PROSPECT ST. TURN RIGHT ONTO STATE ST. CONTINUE TO THE FOUNDERS BRIDGE. CROSS THE BRIDGE AND EXIT TURNING LEFT ONTO PITKIN ST. TURN RIGHT ONTO MEADOW ST. TURN RIGHT ONTO HARTLAND ST. TURN RIGHT ONTO EAST RIVER DRIVE. TURN LEFT ONTO RIVER PATH. TURN LEFT TO CONTINUE ON RIVER PATH. BEAR RIGHT DOWN THE HILL AND CONTINUE STRAIGHT ON THE RIVER PATH THROUGH THE BOAT LAUNCH AREA. TURN LEFT TO STAY ON THE RIVER PATH. EXIT THE RIVER PATH VIA WILLOW ST. TURN LEFT ONTO MAIN ST. TURN LEFT ONTO CARROL ROAD. CONTINUE ONTO PROSPECT ST. TURN LEFT ONTO MAIN ST. TURN LEFT ONTO KING ST. TURN RIGHT ONTO MAIN ST. TURN AROUND NEAR STRONG ROAD. CONTINUE STRAIGHT ONTO MAIN ST. BEAR RIGHT ONTO MAIN ST. TURN RIGHT ONTO PROSPECT ST. TURN LEFT ONTO CARROL ROAD. TURN RIGHT ONTO PITKIN ST. TURN RIGHT ONTO THE FOUNDERS BRIDGE ACCESS VIA THE OFF RAMP. CONTINUE STRAIGHT ONTO CENTRAL ROW. CONTINUE STRAIGHT ONTO PEARL ST. TURN LEFT ONTO TRINITY ST. AND FINISH.

ACES 2023

03

Race Course

Half Marathon: 4,000 runners



-THE ROUTE-
 START ON CAPITOL AVE. HEADING WEST. TURN RIGHT ONTO BROAD ST. TURN RIGHT ONTO ASYLUM ST. TURN RIGHT ONTO FORD ST. CONTINUE STRAIGHT ONTO JEWELL ST. TURN LEFT ONTO GOLD ST. TURN LEFT ONTO MAIN ST. TURN RIGHT ONTO CENTRAL ROW. TURN LEFT ONTO MARKET ST. CONTINUE ONTO REVEREND MOODY OVERPASS. TURN RIGHT ONTO WESTON ST. TURN RIGHT INTO RIVERSIDE PARK. CONTINUE ON THE RIVERWALK PATH. EXIT THE PATH VIA VAN DYKE AVE. TURN LEFT ONTO VAN DYKE AVE. TURN RIGHT ONTO MASSEK ST. TURN RIGHT ONTO HUYSHOPE AVE. TURN LEFT ONTO CHARTER OAK AVE. TURN RIGHT ONTO COLUMBUS BLVD. TURN LEFT ONTO SHELTON ST. TURN RIGHT ONTO PROSPECT ST. TURN RIGHT ONTO STATE ST. CONTINUE TO THE FOUNDERS BRIDGE. CROSS THE BRIDGE AND EXIT TURNING LEFT ONTO PITKIN ST. TURN RIGHT ONTO MEADOW ST. TURN RIGHT ONTO HARTLAND ST. TURN RIGHT ONTO EAST RIVER DRIVE. TURN LEFT ONTO RIVER PATH. TURN LEFT TO CONTINUE ON RIVER PATH. BEAR RIGHT DOWN THE HILL AND CONTINUE STRAIGHT ON THE RIVER PATH THROUGH THE BOAT LAUNCH AREA. TURN LEFT TO STAY ON THE RIVER PATH. EXIT THE RIVER PATH VIA WILLOW ST. TURN LEFT ONTO MAIN ST. TURN LEFT ONTO PITKIN ST. TURN RIGHT ONTO THE FOUNDERS BRIDGE ACCESS VIA THE OFF RAMP. CONTINUE STRAIGHT ONTO CENTRAL ROW. CONTINUE STRAIGHT ONTO PEARL ST. TURN LEFT ONTO TRINITY ST. AND FINISH.

03

Race Course

5K: 1,500 runners



03 Race Course



Aid Stations

Volunteers at aid stations will go through specific training. Masks will be worn by volunteers throughout the event. Gloves will be available and a fresh pair of new gloves will be worn when volunteers start serving.



Participants are encouraged to carry their own fluids and nutrition throughout the event.



Participants who walk through a water station are encouraged to wear masks if they cannot socially distance themselves. Additionally, participants waiting in line to use portalets along the course should also wear their mask.



Each station will serve fluids in open cups. Participants will be handed a cup of water from arms length distance.



Social distancing educational signage will be posted at each water station.



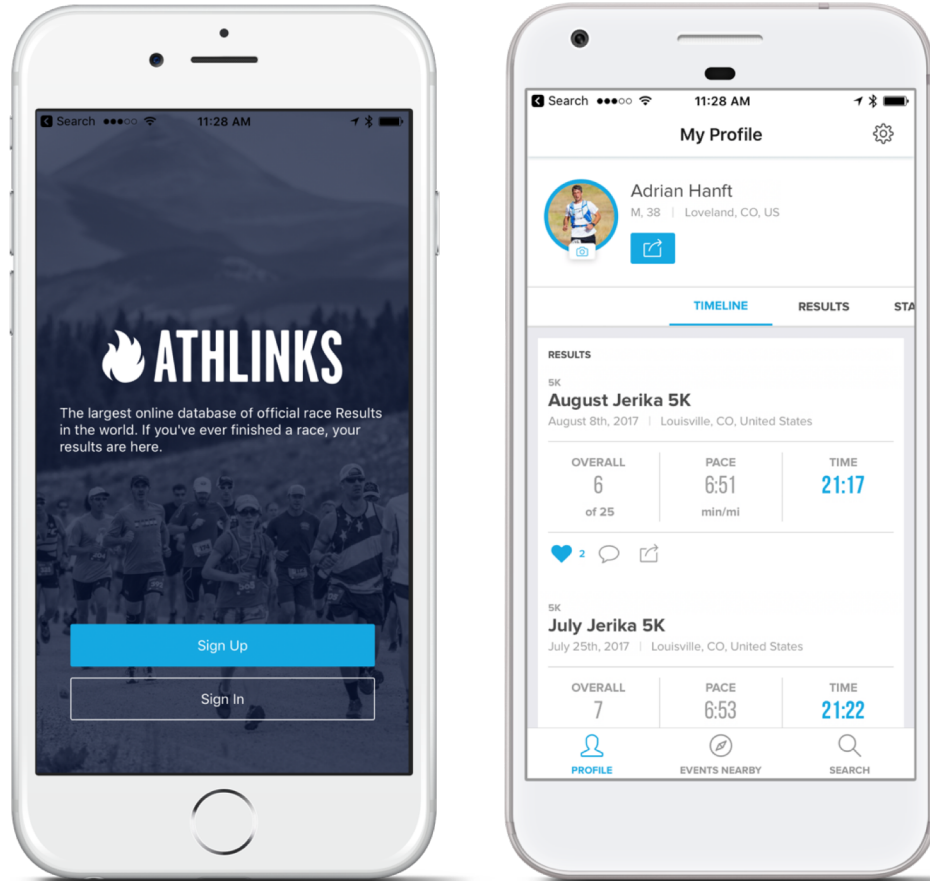
Additional hand sanitizer stations will be readily available at all aid stations.

Each station will be designed in an elongated and staggered configuration to prevent participant congestion.



03

Race Course



Tracking

Participant tracking available at every 5K mark to allow spectators to track from a remote location.

Spectators

Spectating in high density areas (start & finish) are discouraged. Spectators will be asked to socially distance themselves, find spaces less populated, be mindful of their surroundings, and wear masks.



04

Finish Area

The finish line will include the full street closure of Trinity Street - 40 ft wide. The width of the finish chute/secure zone will be 565 ft (pre finish) and 640 ft (post finish). Distribution of services including bottled water, finisher medals, mylar blankets, and post race food, etc. will be handed out by volunteers to participants. No contact will be made between volunteer and participant.

- Participants will be required to put on face coverings immediately after crossing the finish line
- Elimination of mass drinking fountain, replaced with individual reusable water bottles distributed in the finish chute. Fluid refill opportunities controlled by volunteers to eliminate direct contact by participants.
- Distribution to take place in this order: Mylar blanket, filled water bottle, finisher medal, post race food, etc. will be offered to participants by masked volunteers.
- Medical services available

04

Finish Area

Half Marathon: 4,000 runners
Marathon: 2,000 runners
5K: 1,500 runners



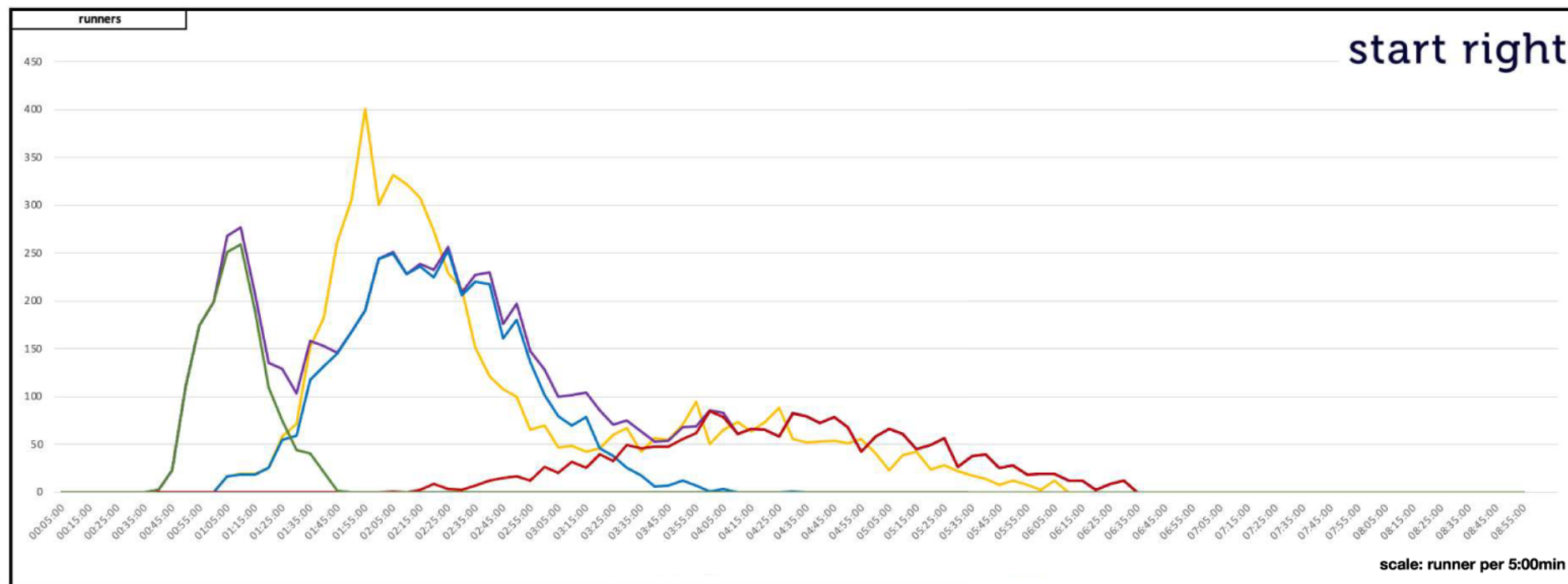
2019 flow

5k

HM

Marathon

combined



Waves of 1,000 / 5 mins apart

Start-Right simulates start, on-course and finish scenarios using scientifically developed algorithms to determine race course patterns. Since its inception in 2016, Start-Right has worked with the leading world marathons.



05

Post Event

Design of post-race activities will give additional space for each service offered. Certain services will be eliminated to give ample space within the overall event venue. Services will be designed with separation between participant and station worker. Likewise, each station will be designed with ample queuing space in front to encourage proper social distancing.

- Minimized nonessential services - Elimination of: Athlete Food Tent (replaced with Athlete Food Bag), Hospitality Spaces
- Redesign of Bushnell Park areas to allow for easy flow and social distancing
- Increased sanitation stations throughout venue
- Masks required by all participants and spectators throughout venue

05

Post Event



2021 Redesign of Bushnell Park areas to all for easy flow and social distancing. Minimization of nonessential services



2019 layout



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