

Technical Race Shirt Fit Guide - Long Sleeve and Short Sleeve

Men's Shirt					
	Small	Medium	Large	X-Large	XX-Large
Neck	14" - 14.5"	15" - 15.5"	16" - 16.5"	17" - 17.5"	18" - 18.5"
Chest	36" - 38"	39" - 41"	42" - 44"	45" - 47"	48" - 50"
Long Sleeve Length	32.5"	34"	35"	35.5"	36"

Women's Shirt					
	Small	Medium	Large	X-Large	XX-Large
Equivalent Size	4-6	8-10	12-14	16-18	20
Chest	34" - 35"	36" - 37"	39" - 40"	41.5" - 43.5"	45.5" - 47"
Waist	26.5" - 27.5"	28.5" - 29.5"	31" - 32.5"	34.5" - 36"	38"
Hip	36.5" - 38"	38.5" - 40"	41" - 42.5"	44.5" - 46"	48" - 49"