



TEAM RELAY INFORMATION

Not up for 26.2 miles? The Team 26.2 Relay is run simultaneously with the Eversource Hartford Marathon on the same course. The Relay consists of the following five legs:

LEG	DISTANCE	TERRAIN	CITY	COURSE DESCRIPTION
1	~5.8 miles	Rolling	Hartford West Hartford	From the front steps of the State Capitol, into the historic West End of Hartford, along the quiet streets of West Hartford, and through the scenic Elizabeth Park
2	~2.6 miles	Rolling	Hartford	From Elizabeth Park and the historic West End, through the heart of downtown Hartford, before finishing near the iconic Old State House Building
3	~7.5 miles	Rolling	Hartford East Hartford South Windsor	Over the Founders Bridge, along the east bank of the Connecticut River in Great River Park, through the heart of East Hartford, and out to the historic old Main Street of South Windsor
4	~4.2 miles	Flat	South Windsor	Begins and ends near the intersection of Chapel Road and Main Street, and runs up and back along the scenic and historic old Main Street
5	~6.1 miles	Rolling	South Windsor East Hartford Hartford	From the country to the city, this leg quickly leaves South Windsor, travels through East Hartford, and back over the Connecticut River and into downtown Hartford

Team Relay Information

- Teams may have 2, 3, 4 or 5 members.
- Each member must run at least one complete leg.
- Any one member may run up to 4 consecutive legs.
- The minimum age requirement to compete in the Team Relay is **12**.
- At each exchange point, relay team members must pass the Relay Team Bib with the B-Tag Timing Chip on the back to their team member to signal the start of their leg.
- **DO NOT** leave the exchange point before your teammate arrives.

Timing * IMPORTANT *****

- Each Relay Team will receive one (1) Bib with a B-Tag Timing Chip, this bib must be passed from each team member to signal the start of the next leg
- The Timing Chip Bib allows for relay teams to have a net time and course timing splits

Divisions

Division is determined by age of youngest team member.

- **Open** – youngest member under 40
- **Masters** – youngest member over 40
- **Men/Women/Mixed Categories** in each division

Marathon Runners Who Are Part of a Relay Team

- You may ONLY run Leg #1 (or consecutive Legs beginning with Leg 1).
- You MUST pass the Timing Chip Team Bib to the next relay member.
- Your Team Member may not leave the Exchange Zone until you arrive.
- You must cross the Finish Line with your individual Marathon Bib Number and B-Tag.

Half Marathon Runners Who Are Part of a Relay Team

- You may ONLY run Leg #1.
 - The half marathon and full marathon courses diverge prior to Exchange #2.
- You MUST pass the Timing Chip Team Bib to the next relay member.
- Your Team Member may not leave the Exchange Zone until you arrive.
- You must cross the Finish Line with your individual Half Marathon Bib Number and B-Tag.

Exchange Zone Locations

- #1 Located on Whitney Street, near the intersection of Elizabeth Street, adjacent to the east end of Elizabeth Park in Hartford.
 - #2 Located on State Street, near the intersection of Prospect Street in Hartford.
 - #3 Located on Main Street, near the intersection of Chapel Road in South Windsor.
 - #4 Located on Main Street, near the intersection of Chapel Road in South Windsor.
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- Water and Port-O-Lets will be provided near all Exchange points.

Shuttle Bus Transportation

- Shuttle Bus Transportation is provided from the Traveler's Plaza to and from the Exchange Points in Hartford and South Windsor. There is no Shuttle Bus service between any Exchange Points.
 - See below for more details
- **NO TRANSPORTATION is available to & from Exchange Point #2 on State Street**
 - Leg 3 Runners must walk 4 blocks from Bushnell Park to this Exchange Zone prior to their run.
 - Leg 2 Runners must walk 4 blocks back to Bushnell Park from this Exchange Zone after their run.

LEG	DISTANCE	SHUTTLE BUS	EXCHANGE ZONE
1	~5.8 miles	No Transportation Start at the Marathon Start Line	Start Line – (Mile 0.0) State Capitol Building (South Side of Bushnell Park) – Hartford
2	~2.6 miles	Shuttle Bus (7:30 AM) From Traveler's Plaza in Hartford to Elizabeth Street in Hartford	Exchange Point #1 – (Mile 5.8) On Whitney Street, near the intersection of Elizabeth Street (adjacent to the east end of Elizabeth Park) Hartford
3	~7.5 miles	No Transportation To/From This Exchange Point Walk out the east side of Traveler's Plaza, then north on Prospect Street	Exchange Point #2 – (Mile 8.4) On State Street, near the intersection of Prospect Street Hartford
4	~4.2 miles	Shuttle Bus (8:20 AM) From Traveler's Plaza in Hartford to the corner of Rt. 5 & Chapel St. in South Windsor	Exchange Point #3 – (Mile 15.9) Main Street, near the intersection of Chapel Street South Windsor (Northbound)
5	~6.1 miles	Shuttle Bus (8:20 AM) From Traveler's Plaza in Hartford to the corner of Rt. 5 & Chapel St. in South Windsor	Exchange Point #4 – (Mile 20.1) Main Street, near the intersection of Chapel Street South Windsor (Southbound)

Departing Traveler's Plaza, Prospect Street, Hartford

- Exchange Point #1 shuttle buses will leave from Traveler's Plaza (corner of Prospect Street & Bob Steele Street) **by 7:30 AM.**
- Exchange Point #3 & #4 shuttle buses will leave from Traveler's Plaza (corner of Prospect Street & Bob Steele Street) **by 8:20 AM.**
- Runners who miss their bus will be responsible for providing their own transportation to the Exchange Points in East Hartford and South Windsor.
- Buses will be designated either:
 - **EXCHANGE POINT 1: WHITNEY & ELIZABETH** – ONLY Leg 2 Runners going to Exchange Point #1 **(OR)**
 - **EXCHANGE POINT 3 & 4: MAIN & CHAPEL**– ONLY Leg 4 & 5 Runners going to Exchange Points #3 & #4.

Returning to **Bear's Smokehouse** and **Traveler's Plaza** (Buses will only depart once they are full)

- Buses will leave Exchange #1 roughly between **9:00 AM & 10:00 AM.** Exchange #1 buses return to **Bear's Smokehouse**, two blocks from Traveler's Plaza.
- Buses will leave Exchanges #3-4 between **11:00 AM & 12:30 PM** to return to **Traveler's Plaza.**

*** There is no bus transportation between Exchange Zones, only to & from Traveler's Plaza.**

Bus Transportation Location & Relay Exchange Point #2 – Hartford

Shuttle Bus Pickup Location:

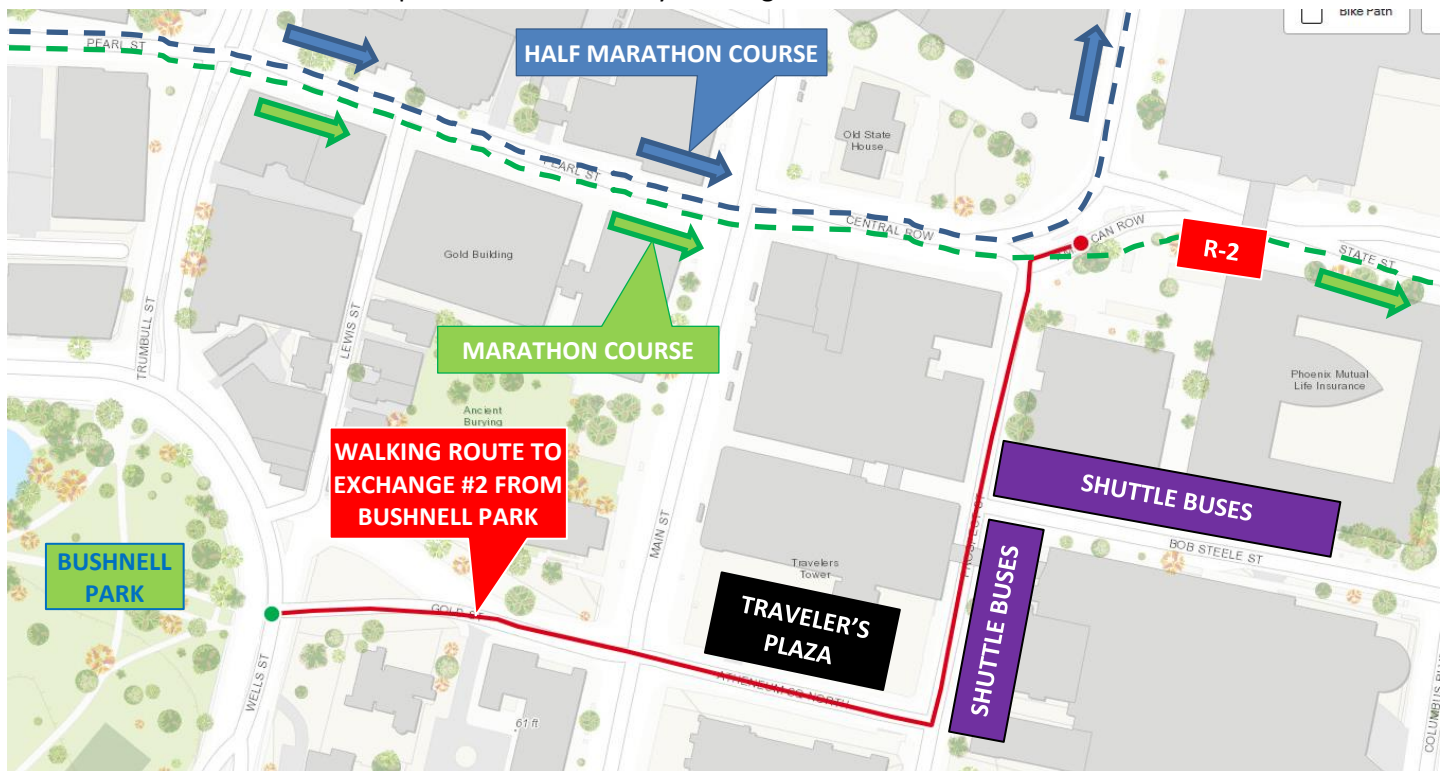
Adjacent to Traveler's Plaza, on Bob Steele Street & Prospect Street, Hartford, CT

- See **Purple "SHUTTLE BUSES"** on the map below

Relay Exchange Point #2:

Two blocks north of Traveler's Plaza, on State Street, near the intersection with Prospect Street, Hartford CT

- See **Red "R-2"** on the map below for exact relay exchange zone location



Driving Directions to Exchange Zone #1 –Hartford

Intersection of Whitney Street and Elizabeth Street, Hartford, CT 06074

- See Red “R-1” on the map below for exact exchange zone location

From Hartford:

- Take I-84 West
- Take Exit 46 (towards Sisson Avenue)
- Continue through light onto West Boulevard
- Turn right on South Whitney Street
- Turn left onto Elizabeth Street
- On street parking street locations will be on your left

Relay Parking Notes:

- There is NO RELAY RUNNER PARKING allowed on Elizabeth or Whitney Street.



Driving Directions to Exchange Zones #3 & #4 – South Windsor

Intersection of Chapel Road and Main Street, South Windsor, CT 06074

- See Red “R-3” & “R-4” on the map below for exact Exchange Zone locations

From Hartford:

- Take I-91 North.
- Take Exit 35A (follow signs for I-291 East/Manchester)
- Just after crossing the Bissell Bridge, take Exit 4 (Rt. 5)
- Left at the Traffic Light onto Rt. 5 North – John Fitch Blvd.
- Follow John Fitch Boulevard through 2 Traffic Lights.
- Then Left on Chapel Street.

Relay Parking Notes:

- There is NO RELAY RUNNER PARKING in the MARTIN MOTORS parking lot.

