



“To regain strength, balance, stamina and the ability to develop friendships have been the greatest benefits for me.” – PM

All it takes is one swing...

Golfers In Motion encourages individuals in the community with disabilities to enjoy the rewarding leisure activity of golf.

We offer a safe, skilled and supportive environment for those who have interest in learning or relearning the sport.



Mount Sinai
Rehabilitation Hospital
Trinity Health

Golfers in Motion

490 Blue Hills Avenue, Hartford, CT 06112
trinityhealthofne.org/rehabilitation

Golfers In Motion

A program designed for recreational and competitive golfing enthusiasts with physical disabilities



Mount Sinai Rehabilitation Hospital, in collaboration with Goodwin Park Golf Course, presents an opportunity to tee it up with Golfers In Motion!

Mount Sinai Rehabilitation Hospital invites those who have experienced an amputation, stroke, spinal cord injury, multiple sclerosis diagnosis, other physical disability or visual impairment to join Golfers In Motion.

Organized by Mount Sinai's rehabilitation services, Golfers In Motion is dedicated to providing individuals with physical disabilities a supportive environment to enjoy the game of golf.

We strongly believe there are both physical and psychosocial benefits provided to those that participate in sports.

Program Offerings

- PGA instructors and experienced golfers with knowledge of disabilities.
- Supervised instruction at both indoor/outdoor facilities including putting greens, driving range, and on-course participation.
- Assessment from physical, occupational and recreational therapists to reduce barriers for independence in golf.
- Strengthening programs and education on the use of assistive equipment and adaptive golf carts.



When

Golfers In Motion is a seven-week series held on Monday afternoons from 1 – 3 p.m. Spring and Fall sessions offered.

Where

- Mount Sinai Rehabilitation Hospital
490 Blue Hills Avenue, Hartford, CT 06112
trinityhealthofne.org/rehabilitation
- Goodwin Park Golf Course
1130 Maple Avenue, Hartford, CT 06114
goodwinparkgolfcourse.com

Registration

Registration is required due to limited space. For more information, or to register, please call 860-714-2421 or email pmccullo@trinityhealthofne.org.

Special Thanks!

Golfers In Motion is made possible by the generosity of the following institutions:

- The Connecticut Section PGA Golf Foundation
ctpga.com
- The United Spinal Association, CT Chapter, promotes the program to it's members, assists with membership fees for qualified participants, and contributes to the purchase of adaptive golf equipment.
sciact.org
- Goodwin Park Golf Course
goodwinparkgolfcourse.com

