



Rowing and Kayaking Lessons for Veterans and Military Service Members

In collaboration with Riverfront Recapture, Inc., the Connecticut Adaptive Rowing Program (CARP) is offering veterans and military service members the opportunity to participate in the sports of rowing and kayaking free of charge.

Based on the Connecticut River, and led by therapeutic rehabilitation specialists from Mount Sinai Rehabilitation Hospital, this first-of-its-kind program provides military service members and veterans with physical disabilities—including PTSD and/or visual impairments—the opportunity to stay active and enhance their sense of wellbeing through an enjoyable leisure activity in a stunning outdoor setting.

Saturday Dates:

June, 15 & 29, July, 13 & 27, August, 10 & 24, September, 14 & 28

Time:

9:00 – 11:00am

Location:

Greater Hartford Jaycees Community Boathouse
Riverside Park, 20 Leibert Road, Hartford, CT 06120

Classes are free of charge but registration is required. We are looking for volunteers! For more information please contact Paige McCullough-Casciano at 860-714-2421 or email PMccullo@TrinityHealthOfNE.org.

490 Blue Hills Avenue, Hartford, CT 06112 | TrinityHealthOfNE.org

Move Beyond Expectations